



Merrylands Amateur Swimming Club Inc.

WHALES TALES

Saturday 15th February, 2020

Metro South West Area Junior Long Course Championships

We have a strong team of 11 swimmers competing at the MSW Area Junior Championships this weekend. Good luck to all of our swimmers and may the Whale be with you all.

Merrylands SwimFest & Masters Meets – Saturday 22nd February, 2020

Entries for the Merrylands SwimFest and Masters Meets have now closed. Planning of the meets now increases and we appreciate your help on the day for these meets as they are the major meets we hold during the season.

Club Photo – Saturday 21st March, 2020

We are planning to take the club photo on Saturday 21st March, 2020. This will be taken immediately after club races. We ask that you wear your club uniform on the day and we would welcome all club members participating in this event.

Club Uniform

For all club uniform orders visit the online shop <https://shop.merrylandsasc.asn.au/club-uniforms>. If you have any questions about club uniform items please see the Property Officer (Margaret Edwards).

Whales Tales Online

Help us with waste reduction by moving to receive the weekly Whales Tales online. Don't miss out on the latest club news. Scan the QR code with your mobile phone to sign-up online and receive your free copy of the Whales Tales



Swimming NSW e-newsletter

Would you like to receive the weekly Swimming NSW e-newsletter. This is emailed by Swimming NSW every Friday and provides up-to-date information across the broader swimming community in NSW. To subscribe to the e-newsletter and to read previous editions of the e-newsletter go to <https://nsw.swimming.org.au/news/hot-off-the-blocks>

Technical Officials e-newsletter

Now that we have a large number of accredited technical officials, it is important to stay up-to-date with officials information and swimming rules. Swimming NSW publish a bi-monthly e-newsletter for Technical Officials and this is automatically emailed to all accredited technical officials. If you are not receiving this e-newsletter you can access the editions at <https://nsw.swimming.org.au/news/TO-news>

Swim League 2020

Registrations for Swimming NSW's newest and exciting swimming competition are now open. Swim League 2020 runs from 2nd May 2020 to 30th August 2020 and is open to anyone who would like to compete in a collegiate style competition series. Swimmers participate in teams (not clubs) and compete in 3 – 5 swims per competition. Registrations close on 29th February, 2020. If you would like more information about Swim League 2020 see <https://www.swimleague.com.au/>

Swimming NSW and ReachOut

Swimming NSW and ReachOut are joining forces to provide swimming communities across NSW with access to practical support, tools and tips to help young people tackle mental health issues. Swimming NSW is also supporting ReachOut's [Laps for Life](#). This event encourages everyone to swim laps in the month of March to raise money in support of young people when it comes to mental health. If you would like more information about ReachOut or the Laps for Life event see <https://nsw.swimming.org.au/news-articles/swimming-nsw-and-reachout-dive-together-mental-health>

Trophy Return

Please return any perpetual trophy's you have from last season to the club room.

Upcoming Events

MEET NAME	MEET DATE	ONLINE ENTRY CLOSING
MASC 200metre IM (Senior)	Saturday 15 th February	Closed
MSW Junior Area C/Ships	Saturday 15 th February & Sunday 16 th February	Closed
MASC 400metre Freestyle (Open)	Saturday 22 nd February	Thursday 20 th February
Merrylands Masters Meet	Saturday 22 nd February	Closed
Merrylands SwimFest	Saturday 22 nd February	Closed
MASC 50metre Backstroke 25metre & 200metre (Open)	Saturday 29 th February	Thursday 27 th February
NSW Speedo Sprint Series Finals	Saturday 29 th February	N/A
MASC 200metre Freestyle (Senior)	Saturday 7 th March	Thursday 5 th March
SNSW Junior Metropolitan C/Ships	Saturday 7 th March & Sunday 8 th March	
SNSW State Open C/Ships	Friday 13 th March & Sunday 15 th March	
Whales Challenge # 3	Saturday 14 th March	Thursday 12 th March
MASC 1500metre Freestyle (Open)	Saturday 21 st March	Thursday 19 th March
MSW Sprint Meet	Saturday 21 st March	
MASC 400metre Freestyle (Senior))	Saturday 28 th March	Thursday 26 th March
End of season Breakfast	Saturday 28 th March	
SNSW Junior State C/Ships	Saturday 28 th March & Sunday 29 th March	
Club AGM	Monday 25 th May	
Annual Presentation	Saturday 30 th May	

Sponsors



Thank you to all of our sponsors, please support them whenever you can