



WHALES TALES

Saturday 24th October, 2020

Club Championships Commence

Week 3 and we are commencing our club championship races today, with the 100 metre Backstroke age & open championships. Good luck to all competitors.

There are many situations that may arise which impact on swimmers plans. The Committee strongly recommends that swimmers plan their championship eligibility swims as early in the season as possible, rather than leaving these swims to the last week available before the Championship event is to be swum.

A failure by a swimmer to swim an eligibility swim will preclude their participation in that Championship.

The season program can be found at <https://www.merrylandsasc.asn.au/clubraces>.

Club Captains

Nominations for the positions of Male and Female Club Captains are open and close at 9.30am next Saturday (31st October, 2020). Information about the duties and responsibilities of Club Captains can be found on the club website in the By-Laws.

Please provide your nominations to Graham today or next Saturday.

All financial first claim members can vote for these positions on week 6 (14th November, 2020).

Learn to Swim

The club Learn to Swim program commences this morning and concludes on Saturday 12th December 2020. Full details of the program can be found at <https://merrylandsasc.asn.au/learntoswim>

Thank you to our coordinators, instructors and helpers who have volunteered their time for this program.

Child lessons	9.15am – 9.45am
Adult lessons	10.00am – 10.45am

Your Contact Information

Having your contact information is vitally important to ensuring we can quickly contact you if club events change and also for contacting your emergency contact if required.

Did you know:

- only 12% of our members have their mobile number in their member profile in Swim Central;
- only 13% of our members have an Emergency contact listed in Swim Central.

Your contact details are important to us and we need them to be up-to-date at all times.

PLEASE CHECK YOUR SWIM CENTRAL PROFILE AND ENSURE YOUR CONTACT DETAILS (PARENTS & CHILDREN) ARE UP-TO-DATE

To update your profile in Swim Central:

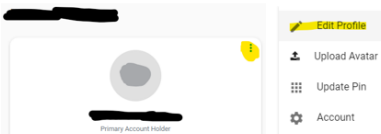
1. Login to swimcentral.swimming.org.au
2. Click on your user icon at the top right of the page



3. Click on the View Profile button of the member you need to update



4. Click the 3 dots in the top right of the member card, and click Edit Profile



5. Check your details in each of the 3 tabs, update as required:



6. Click the Update Details button to save.



7. Repeat the process for each family member.

Please take the time to check your details this weekend

Annual Presentation

Relive the fun and celebrate last season's achievements by viewing the annual presentation at: <https://merrylandsasc.asn.au/presentation>

Relay Competition

This morning is the last team relay time trial as the first point score races commence next Saturday 31st October. There are a total of 10 relay competition races over the season and points are awarded to teams each week based on how close they swim to their nominated entry time.

Team Entry Form

This is a **once only form** that each team needs to complete to enter their team before and nominate their time before the first competition relay swim next Saturday. The form can be found at <https://bit.ly/35cHrAt> or use the QR code



Remember there is a maximum of 6 team members only per team. The cost of team entry is \$12 and a link will be emailed to the team to pay this online once the form is completed.

Weekly Swimmer Nominations

This is a **weekly form** that the team needs to complete before swimming the relay to nominate the 4 team members who will swim that week. This form can be found at (<https://bit.ly/33JaLyR>) or use the QR code



Club Uniforms

We have a great range of club uniforms available for sale. These can be purchased through the club's online shop <https://shop.merrylandsasc.asn.au/club-uniforms> If you have any questions about club uniforms please talk to the Property Officer (Margaret Edwards).

Membership

Club Membership is for a 12 month period from 1st October to 30th September each year. The annual membership fee includes affiliation to Swimming NSW, Swimming Australia and insurance coverage.

The Club Membership Fees for 2020/2021 are listed below. The fees include the Swimming NSW and Swimming Australia Membership fees. **These fees have not changed for this season.**

- Non-Swimming Member: \$23
- Swimming Member (9yrs & Over): \$86
- Swimming Member (8yrs & Under): Free*

Additional Fees for Masters Membership:

- Masters Member (12 months): \$75
- Masters Member (16 months): \$99.50

Free* Membership for 8yrs & Under

Thanks to a grant received from Club Merrylands swimmers aged 8yrs & Under who regularly swim in our club races or train in our squad program may be eligible to receive a reimbursement on their membership fees. For more information on eligibility criteria and how to claim reimbursement see the club website.

Technical Officials

Remember if you are a qualified technical official (and a non-swimmer) to renew your non-swimmer membership to ensure your technical accreditation remains current.

Club Race Entries

Entries for club races are **only accepted online and they close at 8.00pm Thursday**. So plan your swims and ensure your entries are completed in time.

The Time Record Sheet is a handy reference to record your swims during the season and a quick reference point to check if you have completed swims to qualify for championship races. You can download the sheet at <https://www.merrylandsasc.asn.au/clubraces>

Thankyou

The first two weeks of club races have run smoothly and that's due to everyone attending club races working with the change in protocols. Your help is greatly appreciated and we give a big thankyou to you. Keep up the great work 😊

COVID-19 Safety Plan & Protocols

The club operates under a COVID-19 Safety Plan and it is continually updated as health guidelines change. Health guidelines play an important role in setting the protocols the club is required to comply with.

We ask for your assistance in complying with the protocols & plan in place. We will communicate changes as they occur and these updates can be found online at <https://www.merrylandsasc.asn.au/news>

Please remember:

- Anyone (coach/athlete/parent/official/spectator) who is unwell for any reason should not attend any training, competition or club activity;
- If you become unwell whilst at the pool please advise us and leave immediately;
- Protect yourself and others from getting sick by following good personal hygiene practices and maintaining physical distancing. We have hand sanitiser available for your use;
- Swimmers should not share any equipment including goggles, drink bottles or towels;
- Maintain social distancing when at the swimming centre. We have designated areas around the pool and ask for your assistance in complying with these;
- If you wish to wear a mask whilst at the pool we recommend that you bring this with you;
- Download the COVID-19 app to assist with contact tracing if it is required.

We must keep a record of all people attending club events (club races and training sessions) for contact tracing purposes.

- Competitors are recorded automatically through their online race entry so they do not need to sign in on a Saturday morning;
- Officials, Volunteers & Spectators (who aren't competing in races) must sign in at pool entry **AND** for club sign-in use the QR code or manual form provided;
- **Normal pool entry applies and you will need to scan your Council pool card for entry;**
- **No club room access.** Access is limited for only obtaining equipment required to be used;
- **We recommend you leave the swimming centre after completing club races.**

Squad Enrolment

Remember to complete your squad enrolment if you haven't already done so and you plan to train over the summer season.

All swimmers must complete new enrolment forms and their club membership. The steps to follow are:

1. Complete your [Club Membership](#) renewal
2. Complete the [Novel Coronavirus \(COVID-19\) Health Questionnaire](#)
3. Complete your [Squad Enrolment](#)
4. Purchase your [Squad Multi-Session Pass](#)

Swimmers must not attend sessions if unwell, for any reason. It is also possible sessions may need to be cancelled due to COVID-19 outbreaks.

Full details of squad enrolment and changes to training for this season can be found at <https://www.merrylandsasc.asn.au/news>

Handy Links – QR Codes

Whales Tales online



Relay Team Entry form



Online attendance form



Relay Weekly Team form



Upcoming Events

MEET NAME	MEET DATE	ENTRY CLOSING
MASC 100metre Backstroke	Saturday 24 th October	Closed
MASC 100metre Breaststroke	Saturday 31 st October	Thursday 29 th October
MASC 200metre Ind Medley (JNR)	Saturday 7 th November	Thursday 5 th November
MSW Area Senior LC Championships SOPAC	Saturday 7 th November Sunday 8 th November	Tuesday 27 th October
MSW Area Junior Meet SOPAC	Saturday 7 th November	Wednesday 4 th November
MASC 100metre Freestyle	Saturday 14 th November	Thursday 12 th November
MSW Area Open Water Championships Female only	Sunday 15 th November	Tuesday 10 th November
MASC 100metre Butterfly	Saturday 21 st November	Thursday 19 th November
MSW Area Open Water Championships Male only	Sunday 22 nd November	Tuesday 17 th November
MASC 200metre Freestyle (SNR)	Saturday 28 th November	Thursday 26 th November
NSW Metropolitan Junior Championships SOPAC	Saturday 28 th November Sunday 29 th November	Tuesday 17 th November

Sponsors

Thank you to our major sponsors who provide fantastic support to our club. If you know of a business or organisation who may be interested in providing sponsorship or support to our club please let us know.



Club Merrylands Charity Raffle

Proudly supporting



Help support Starlight and you could WIN 1 of 2 MG3s

Tickets \$5 each or
 3 tickets \$12 | 10 tickets \$30
 15 tickets \$40 | 20 tickets \$50

Drawn Tuesday 1st December 2020 8:30pm



NSW Authority Number: 220481 (2018) A full copy of the terms of entry for this raffle can be downloaded at www.clubmerrylands.com.au. Prizes assigned to the Club manager, sales and sponsorship of the raffle and their immediate families are not permitted to enter.

Tickets can be purchased online at <https://www.clubmerrylands.com.au/win1of2mg3s>

When purchasing your tickets record you are from MASC and the club has the chance to win \$500