



WHALES TALES

Saturday 20th March, 2021

MSW Area Junior Championships

Fantastic results from our strong team of 15 swimmers who represented our club at the Metro South West Area Junior Championships held at SOPAC last Saturday. As a team Merrylands achieved 43 new personal best times out of 47 swims with every swimmer contributing to the PB tally! 17 top 10 finishes, 2 silver medals, 2 bronze medals and a new State Qualifying time were achieved by the team. Individual results included:

Medalists

Matthew Vivic

Silver - 100m Free
Bronze - 100m Back
Bronze - 100m Fly

Joseph Assi

Silver - 100m Breast & State Qualifying Time

Finalists

Lucas Alveraz - 100m Free
Joseph Assi - 200m IM
Niushka Shrestha - 100m Fly
Shreya Shrestha - 100m Fly, 100m Back, 100m Breast
Unish Shrestha - 100m Fly, 100m Back, 200m IM, 100m Breast
Daniel Vivic - 100m Back, 100m Free, 100m Breast
Matthew Vivic - 400m Free
Leo Zhu - 200m IM, 100m Free, 100m Breast
Congratulations to every team member and our great coaches. Outstanding results cap off all the hard work 🏆



NSW State Open Championships

The State Open Championships commenced on Thursday and conclude on Sunday. Vanessa Ozols competed in the 50m Freestyle on Thursday night (swam a PB!) and will swim the 100m Freestyle tonight. Alison Sakurovs competed in the 50m Freestyle on Friday night 🏆

Whales Challenge #3

The 3rd Whales Challenge is being contested today. Good luck to both teams as they battle out final season supremacy.



Squad Training

Training moves to Guildford Swimming Centre from Monday, 29th March, 2021. Sessions will be held in the outdoor pool and are scheduled to return to Merrylands in October. The coaches will provide more information over the next week.



McCredie Park 40 Year Anniversary Meet

The postponed McCredie Park 40 Year Anniversary Meet will be held on Sunday 2nd May, 2021 at Guildford Swim Centre. The meet will commence at 10.00am (warm up from 9.00am to 9.45am).

This is a development meet and we encourage all of our members to compete at this meet, as it provides a range of 25m, 50m, 100m, 200m and relay events.

Entries close in Swim Central on Monday 26 April 2021 or when entries see the timeline reach a 3.30pm finish.

To see the program and meet information please visit the MSW website at <https://metroswnsw.swimming.org.au>

Club AGM

The Annual General Meeting of the club will be held on Monday 24th May, 2021 in the Club Room at Merrylands Swimming Centre, commencing at 7.30pm.

The Annual Report of the club will be presented, together with the election of Office Bearers and Committee positions. Nominations for positions must be submitted to the Secretary at least 30 days prior to the meeting.

We encourage all members to attend the AGM.

Annual Presentation

Stay tuned for information regarding the Annual Presentation for this season. We will advise details once confirmed.

Season Championship Ribbons

Whilst we have not been able to hold championship presentations during the season we do have championship ribbons available for any swimmers who would like to receive them for their 1st, 2nd or 3rd placings in the championship events.

If you would like to receive your championship ribbons please let Margaret know and she will make arrangements for them to be provided to you.

COVID-19 Safety Plan & Protocols

Health updates that affect our club members can be found at <https://www.merrylandsasc.asn.au/news>. Thank you to everyone for your assistance in complying with the protocols required during the season. Your assistance has allowed the club to hold club races every week without any COVID-19 impacts.

Thank You!

School Meet Results

Congratulations to Unish Shrestha who is the 11 Year Boys Age Champion for the ASISSA Carnival. Unish came 1st in Breast, 2nd in Free & Back and will compete in all 4 strokes at the upcoming CIS Carnival 🏆



Season Finale – BBQ Breakfast next week

Well it is hard to believe that the season is coming to an end next week 😞. Despite lingering COVID-19 protocols and a *La Nina* summer weather event that tested our patience we have been able to hold a full season of club races and Championships.

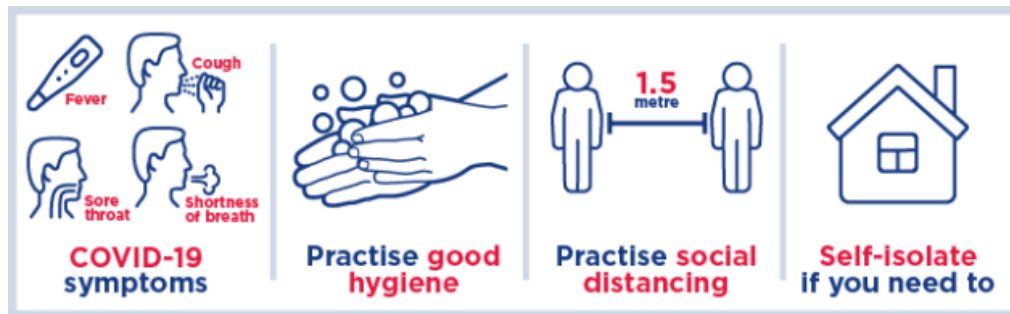
Our successful Learn to Swim program concludes today. A great big thank you to everyone (the LTS Committee & Coordinator, instructors & helpers) involved in providing this important program to our next generation.

Next Saturday sees the final week of club races. Good luck to all swimmers as they swim to finalise their season results in the graded races, championships, relay & handicap events. We will be holding a breakfast bbq at the conclusion of club races, so please stay around to enjoy the breakfast as we look back at another fun season at Merrylands Swimming Centre.



Upcoming Events - * includes season program changes*****

MEET NAME	MEET DATE	ENTRY CLOSING
MASC 1500metre Freestyle Championship (Open)	Saturday 20 th March	Closed
Whales Challenge	Saturday 20 th March	Closed
MASC 400metre Freestyle Championship (Boys 14 – Senior, Girls 13 - Senior) (Veterans)	Saturday 27 th March	Thursday 25 th March
SNSW State Age Junior Championships	Saturday 27 th March to Sunday 28 th March	Tuesday 16 th March
McCredie Park 40 Year Anniversary Meet	Sunday 2 nd May	Monday 26 th April



Get the latest news and information at:

Club website

<https://www.merrylandsasc.asn.au>

Facebook

<https://www.facebook.com/MerrylandsSwimmingClub>

Handy Links – QR Codes



Whales Tales online



Relay Weekly Team form

Sponsors

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