



# WHALES TALES

Saturday 5<sup>th</sup> February, 2022

## Upcoming Swim Meets

This month there are three major events our swimmers are competing in:

### *Speedo Sprint Series – Sunday 13<sup>th</sup> February*

We have a team of 16 swimmers representing our club next Saturday at the Speedo Sprint Series being held at SOPAC.

Good luck to our team as they continue to prepare this week for the meet.

### *Merrylands SwimFest – Saturday 19<sup>th</sup> February*

The entry limit for the Merrylands SwimFest was achieved during the week, so we expect a big turnout for the meet.

Entries remain open only for Merrylands Swimming Club members, but close today at 5.00pm. So don't delay if you haven't yet entered the meet. Do it as soon as get home from club races today.

The assistance of all of our swimmers parents & carers is important to ensuring we host a successful meet, so please see Graham to confirm you are available to assist on the day.

### *Metro South West Area Championships Saturday 26<sup>th</sup> February & Sunday 27<sup>th</sup> February*

Entries close Wednesday 16<sup>th</sup> February for this meet, which is our areas major championship meet and will be held at SOPAC.

Information about all of these and more meets is available on the club website. For more information visit <https://merrylandsasc.asn.au/swimmeets/upcoming>

## COVID-19 Safety Protocols

Latest information can be found at <https://merrylandsasc.asn.au/clubraces/entryconditions>

## Auburn Review article

This week saw the Auburn Review publish a great story about our swimmers achievements in the recent Metro South West Open Water Championships:

### Merrylands swimmers are among best in open water

BAGGING two medals, Merrylands Amateur Swimming Club was represented by seven swimmers at the Metro South West Open Water Championships at the Sydney International Regatta Centre.

Unish Shrestha and Alison Johnston both took home medals, with Unish finishing third in his age group in the 2.5km event and Alison winning her age group in the 5km event.

"The meet was a big learning experience for our team, especially for Unish, Daniel Vicio, Joseph Assi and Joab Hada, who were swimming in their first Open Water competition," Club President Graham Edwards said.

Swimming was one of the most popular sports for Active Kids voucher redemption last season - number one for females and second for males across the Cumberland LGA - and the club's Learn to Swim program is making a splash again in early 2022.

"Swimming is an important

part of the Australian sporting and leisure landscape and our club offers a range of swimming activities including club races and squad training as well as Learn to Swim," Edwards said.

Club members will next splash out at the 2022 Speedo Sprint Series on Sunday, February 13, at Sydney Olympic Park Aquatic Centre.

The Speedo Sprint Series caters for girls and boys aged between 8-13 years in 50m Freestyle, Breaststroke, Backstroke and Butterfly events and is a great way to have fun and learn new skills in a friendly environment.

Also popular among young swimmers, the Merrylands SwimFest will follow on Saturday, February 19, at Merrylands Swim Centre.

"The SwimFest provides good practice for school swimming carnivals and is double-headed with our annual Merrylands Masters Meet for those aged over 18," Edwards said.

Details: [merrylandsasc.asn.au](https://merrylandsasc.asn.au).



□ Merrylands Amateur Swimming Club was well represented at the Metro South West Open Water Championships - even bagging two medals.

Editors correction – there is no Masters Meet this year!

## Championship Results – 29<sup>th</sup> January 2022

### 50m Breaststroke

Age Group	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Boys 8 years	Jay Shrestha		
Girls 9 years	Ruby Shrestha		
Boys 9 years	Lucas Alvarez		
Girls 11 years	Lisa Shrestha		
Boys 11 years	Joseph Assi	Unish Shrestha	Daniel Vivic
Girls 13 years	Summer Shrestha	Ameena Adbelraheem	Nevah Shrestha
Boys 14 years	Matthew Vivic	Kyran Davis	
Womens 15 years	Keira Somarchand		
Womens 16 years	Laura-Belle Casey	Darla Assi	Vanessa Ozols
Womens 17 years & Over	Katie Hope	Sophia Vivic	Alison Sakurovs
Womens 35 years & Over	Kylee Murray	Patricia Johnston	
Mens 35 years & Over	Ian Wilson		

### 25m Breaststroke

Mixed	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
	Gabriella Assi		

### 200m Breaststroke

Age Group	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Womens Open	Katie Hope	Alison Sakurovs	Lisa Shrestha
Mens Open	Matthew Vivic	Joseph Assi	Daniel Vivic

## Upcoming Championship & Meet Calendar

MEET NAME	MEET DATE	ENTRY CLOSING
MASC 50m, 25m & 200m (Open) Freestyle Championships	Saturday 5 <sup>th</sup> February	Closed
MASC 50m, 25m & 200m (Open) Backstroke Championships	Saturday 12 <sup>th</sup> February	Thursday 10 <sup>th</sup> February
MASC 200m Individual Medley Championships	Saturday 12 <sup>th</sup> February	Thursday 10 <sup>th</sup> February
Speedo Sprint Series - Heats	Sunday 13 <sup>th</sup> February	Closed
MASC SwimFest	Saturday 19 <sup>th</sup> February	Saturday 5 <sup>th</sup> February
MSW Area LC Championships	Saturday 26 <sup>th</sup> February Sunday 27 <sup>th</sup> February	Wednesday 16 <sup>th</sup> February
NSW State Open Championships	Friday 4 <sup>th</sup> March Sunday 6 <sup>th</sup> March	Tuesday 22 <sup>nd</sup> February
MASC 800m (Open) Freestyle Championship	Saturday 12 <sup>th</sup> March	Thursday 10 <sup>th</sup> March
Speedo Sprint Series - Finals	Saturday 12 <sup>th</sup> March	Qualify via Heats
NSW Senior Metropolitan Championships	Saturday 19 <sup>th</sup> March Sunday 20 <sup>th</sup> March	TBA
MASC 1500m (Open) Freestyle Championship	Saturday 26 <sup>th</sup> March	Thursday 24 <sup>th</sup> March
NSW Junior State Age Championships	Saturday 26 <sup>th</sup> March Sunday 27 <sup>th</sup> March	Tuesday 15 <sup>th</sup> March
MSW 5 – 8 Meet	Saturday 2 <sup>nd</sup> April	TBA
Australian Masters Championships	Wednesday 20 <sup>th</sup> April Saturday 23 <sup>rd</sup> April	Friday 8 <sup>th</sup> April
Australian Masters Open Water Championships	Sunday 24 <sup>th</sup> April	Friday 8 <sup>th</sup> April

## Sponsors

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