



WHALES TALES

Saturday 3rd December, 2022

SNSW Junior Metropolitan Championships

Congratulations to Joseph Assi & Leo Zhu who competed at the Junior Metropolitan Championships swum at SOPAC last weekend.

Joseph achieved 2 PB's in his 3 swims, gaining another Junior State Age qualifying time with his PB in the 100m Breaststroke. Joseph was also a Metropolitan finalist with a top-10 finish in the 200m Breaststroke taking 2 seconds off his time 🏆

Leo contested 7 events at his first Metrops and achieved 100% new personal best times. Leo was just outside the top 10 with 11th place in his 100m Breaststroke, took a massive chunk off his 50m Backstroke to win his heat from lane 0, and achieved 6th place in the 200m Breaststroke, earning himself his first Metropolitan finalist ribbon 🏆



NSW Masters Long Distance Championships

Varant Jambazian competed in the NSW Masters Long Distance Championships last Sunday at Birrong Aquatic Centre. Varant swam the 400m Breaststroke & 400m Freestyle events, both new distances for him in these strokes. Varant came away with some great times and took out 1st place in his age group. Congratulations Varant 🏆

Updated conditions for attendees at all club activities

With changes to COVID-19 health & safety protocols we have updated the conditions applicable for attendees wanting to attend any club activity (e.g. club races, squad training, learn to swim & social events).

Read the updated conditions for each activity:

- [Club Races & Social Events](#)
- [Squad Training](#)
- [Learn to Swim](#)

Relay Competition

The relay competition returns this morning, so remember that your relay team needs to complete the weekly form nominating the 4 team members who will swim today. The link for this form is [here](#).

Lions Club Award

Nominations are open for any member to recognise the service of other members.

You can nominate a club member online [here](#).

Club Uniforms

To order club uniform items go to <https://shop.merrylandsasc.asn.au/club-uniforms>

Membership Cards

Remember to download a copy of your membership card from Swim Central to show to the pool staff if requested when entering the swimming centre. Instructions are [here](#).

Upcoming Meet Calendar

Check the [website](#) for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
SNSW Senior State Age Championships	10 th December to 16 th December	Closed
NSW State Open Water Championships	18 th December & 19 th December	6 th December
MSW Long Course Qualifying Meet	8 th January	28 th December
Speedo Sprint Series Heats	11 th February	31 st January
Merrylands SwimFest	18 th February	4 th February
NSW Senior Metropolitan Championships	25 th February & 26 th February	14 th February
Speedo Sprint Series Finals	4 th March	Qualify via Heats meet
NSW State Open Championships	10 th March to 12 th March	28 th February
NSW Junior State Age Championships	25 th March & 26 th March	14 th March

Sponsors

Thank you to our major sponsors who provide fantastic support to our club. If you know of a business or organisation that may be interested in providing sponsorship or support to our club please speak to Graham Edwards.



Club Merrylands has a number of Christmas and school holiday activities available. These include:

Christmas

SANTA VISIT

Monday 12 December

Snap a pic with Santa, free candy cane for all kids

6pm – 8pm

CHRISTMAS RAFFLES at Club Merrylands

Toy Raffle

\$5,000 toys to be won

Monday 12 December

Tickets on sale at 6pm Drawn 7.30pm

HAM AND PORK RAFFLES

\$3,000 of prizes to be won at each raffle

Monday 5 and 19 December

Friday 9, 16, 23 December

Tickets on sale at 6pm Drawn 7.30pm

Seafood Voucher Raffle

\$3,500 worth of seafood vouchers to be won

Thursday 22 December

Tickets on sale at 6pm Drawn 7.30pm

School Holidays

Bingo

Tuesday 10 January 10.30-12pm

Great prizes to be won

Register at www.clubmerrylands.com.au

Kids Disco

Tuesday 17 January 11-1pm

Who is ready to party? Dress up in your favourite costume and join in the fun, Kids FREE soft drink, Prizes up for grabs

Register at www.clubmerrylands.com.au

Kids Barefoot Bowls

Thursday 19 January and Friday 20 January

Roll up for a fun day on the green

10.30-11.30am

Register at www.cumberland.nsw.gov.au