



# WHALES TALES

Saturday 25<sup>th</sup> March, 2023

## And Another Season Ends

Well here we are on the last Saturday of a season again.

Thank you to everyone who has helped during the season. Running club races every week requires the help of everyone and your participation is greatly appreciated.

Thank you to our Committee who again worked hard preparing for the season and running the club throughout the season.

Thank you to our Learn to Swim Co-ordinator, instructors and helpers who allowed us to again offer a Learn to Swim program.

Thank you to our club Coaches who work hard preparing, encouraging & teaching our swimmers to improve their skills. The results achieved during the season are a testament to your dedication and hard work.

Thank you to Darla Assi and Matthew Vicic for your work throughout the season as Club Captains.

Thank you to everyone who competed in club races and represented our club in meets. We hope you have enjoyed your season.

Thank you to our sponsors who provide great support for our club.

We will be back in October to start it all again 😊

## Squad Training Change

Training moves to Guildford Pool from next Monday (27<sup>th</sup> March). Training will continue through the first week of the Easter School Holidays (with the exception of Public Holidays). There will be no training from 17<sup>th</sup> to 25<sup>th</sup> April. If you are going to be away, please complete the [Training Break Form](#) to advise when you will be away.

The training times for each group will be published on the [Training Schedule](#) page.

## SNSW Junior State Age Championships

Good luck to Joseph Assi who will represent our club at the Junior State Age Championships at SOPAC this weekend. Joseph has qualified for the 50m, 100m & 200m Breaststroke events. May the whale be with you Joseph for your swims 🐳

## 5 to 8 Year Meet

We have 6 swimmers representing our club at the Metro South West 5 to 8yrs Development Meet being held at Guildford Swimming Centre next Saturday (1<sup>st</sup> April). Good luck to Damien Chan, Anna Johnston, Jude Johnston, William Johnston, Anastasia Krga & Lily Palise who have entered this meet. May the whale be with you all 🐳

## Masters Meets – State & Nationals

The Masters State & National Championships are being held during April. We have 9 swimmers competing at State and 6 swimmers competing at Nationals. Good luck to all of our swimmers and may the whale be with you all 🐳

## Annual Presentation

**Date: Sunday 28<sup>th</sup> May, 2023**

**Time: 4.00pm – 6.30pm**

**Venue: Club Merrylands Function room**

We look forward to welcoming members and family to the presentation and encourage you to stay after the presentation to support the club by having a meal in any of the dining venues the club has.

Emails will be sent to club members who have a choice of a trophy or alternative award. If you receive an email please ensure you respond in a timely manner to assist the trophy committee in finalising the awards ready for the presentation.

## Club AGM

Our club AGM will be held on Monday 22<sup>nd</sup> May 2023. We invite every club member to attend the



meeting. Keep an eye on the club website and social pages for more information about the meeting.

### Junior Swimmers Results

Congratulations to the following swimmers on breaking the times last week in the 15m, 25m & 33m races:

#### 33m Breaststroke

18/3/2023 – William Johnston

#### 33m Freestyle

18/3/2023 – Eevi Opano

### Lucky Door Prize

Last week's Lucky Door Prize winner: Gabriella Assi

### P-Plate Award

Your last chance to nominate someone for the P-Plate Award, recognising (or perhaps highlights) the "Silly Mistake of the Year". Nominations [here](#).

### Lions Club Award

Each month the Committee votes for the Lions Club Award – the club's Volunteer of the Year. This is your last chance to nominate a club member to recognise their service online [here](#).

### Rule Changes

Swimming NSW has published updated rules (again) as of 20<sup>th</sup> March. The key change is to Backstroke finishes (rule SW6.3).

The new rules are now operational for all Swimming NSW meets and meets run under [Swimming NSW rules](#).

Please note that these changes do not yet apply to Masters Meets run under the rules of [Masters Swimming Australia](#).

### Upcoming Meet Calendar

Check the [website](#) for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
NSW Junior State Age Championships	25 <sup>th</sup> March & 26 <sup>th</sup> March	Closed
MSW 5 – 8 Meet	1 <sup>st</sup> April	Closed
NSW State Masters Championships	1 <sup>st</sup> & 2 <sup>nd</sup> April	Closed
Australian Masters Championships	18 <sup>th</sup> – 22 <sup>nd</sup> April	Closed