



WHALES TALES

Saturday 14th October, 2023

Club Captains

Nominations for the positions of Male and Female Club Captains are open and close at 9.30am on week 4 (28th October, 2022). Information about the duties and responsibilities of Club Captains can be found on the club website in the By-Laws.

All financial first claim members can vote for these positions on week 6 (11th November, 2022).

Relay Competition

Time trials have commenced for the Relay Competition and will conclude next Saturday (21st October). The Relay Competition point score races start on 4th November, so start organising your team and your team entry time.

Parramatta Inter-Club Cup

We will take on Parramatta City and McCredie Park at Granville Swimming Centre on Saturday, 11th November. This is a great event for all our members with events from 7yrs & Under through to 50yrs & Over, and we need everyone's help to retain the cup we won last season.

Information will be emailed to swimmers who are not registered as Full Members with our club, to explain how to register to swim at this meet. Full members can enter the meet as normal.

Club Uniforms

We have a great range of club uniforms available for sale. These can be purchased through the club's online shop. Some items may require a special order to be placed with our suppliers, so planning orders ahead of time will allow for the items to be delivered.

If you have any questions about club uniforms please talk to the Property Officer, Margaret Edwards.

<https://shop.merrylandsasc.asn.au/club-uniforms>

Planning your Championship races

As you will see in the Season Program we have club championship races commencing on Saturday 28th October 2023 (week 4). A tight season sees a number of Championship double up days, so it is vital that you plan your swims well ahead to ensure you qualify for the Championships you wish to compete in. How do you do this? Follow these quick tips to plan your qualifying swims:

- Review the Season Program to see the date Championship swims are held;
- Plan your qualifying swim for a Championship at least 2 weeks before the Championship is held as this provides you with leeway in case you miss a week, are disqualified in the race etc;
- For example the first Championship is the 200m Individual Medley on Saturday 28th October (week 4). Plan to swim your qualifying swim for this Championship in Week 2;
- Likewise look at the following weeks Championships and try and include these in your earlier swim plans. The more Championships you swim qualifying races for at the start of the season the less likely you are to miss qualifying.

The entry cost for each 100m and 200m Championship swim (Age & Open) will increase to \$2 per entry. This increase reflects the fact that swimmers obtain points for both their Age & Open Championships from their one swim.


Masters NSW SC Championships

We have a team of 6 swimmers representing our club at the Masters NSW SC Championships being held at Woy Woy this weekend.

Good luck to Varant Jambazian, Peter Johnston, Kylee Murray, Timothy Oliver, Alison Sakurovs & Ian Wilson. May the whale be with you all 🐳



SNSW Qualifying Meet

Joseph Assi will swim 3 events at the SNSW Qualifying Meet at SOPAC this weekend. May the whale be with you too Joseph 

Pool Entry for Squad Training

A reminder that club members receive discounted pool entry when participating in club activities, including Squad Training. All swimmers must pay pool entry when attending these activities. Spectators attending Squad Training receive free entry, but only if they are spectating swimmers in the squad. If they are swimming in the public areas or spectating non-squad members, the normal pool entry fees apply.

Pool Staff may ask club members to show their membership card when paying their pool entry or purchasing a Club Member Pass. Your membership card can be accessed from Swim Central following these [instructions](#).

Learn to Swim

Our Learn to Swim program starts Saturday 21st October 2023 at 9.15am.

Lessons will run in two blocks:

- Saturday, 28th October to Saturday, 16th December, 2023
- Saturday, 3rd February to Saturday, 23rd March, 2023*

* There will be no lesson on 17th February, due to the club's swimming meet being held that day.

Lesson times are:

- Child Lessons start at 9:15am and finish at 9:45am.
- Adult Lessons start at 9:30am and finish at 10:15am.

More information can be found on the club website.

Upcoming Meet Calendar

Check the [website](#) for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
NSW State Masters SC Championships	Saturday 14 th October & Sunday 15 th October	Closed
MSW Long Course Championships	Saturday 21 st October & Sunday 22 nd October	Closed
Parramatta Inter-Club Cup	Saturday 11 th November	TBA
MSW Open Water Championships	Sunday 12 th November	Wednesday 8 th November
NSW Junior Metrop Championships	Saturday 25 th November & Sunday 26 th November	Tuesday 14 th November
NSW Senior State Age Championships	Sunday 10 th December to Saturday 16 th December	Tuesday 28 th November
NSW Open Water Championships	Sunday 17 th December & Monday 18 th December	TBA
Speedo Sprint Heats	TBA	TBA
Merrylands SwimFest	Saturday 17 th February	TBA
NSW Senior Metrop Championships	Saturday 24 th February & Sunday 25 th February	TBA
Speedo Sprint Finals	Saturday 2 nd March	Heat qualification
NSW State Open Championships	Friday 15 th March to Sunday 17 th March	TBA
NSW Junior State Age Championships	Saturday 23 rd March to Sunday 24 th March	TBA

