



# WHALES TALES

Saturday 28<sup>th</sup> October, 2023

## Club Captains

A reminder that nominations for the positions of Male and Female Club Captains **close this morning at 9.30am**. Nominations can be submitted [here](#).

Information about the duties and responsibilities of Club Captains can be found on the club website in the By-Laws.

All financial first claim members can vote for these positions on week 6 (11<sup>th</sup> November, 2022).

## Relay Competition

The Relay Competition point score races start next Saturday (4<sup>th</sup> November), so make sure you have your team members selected (maximum of 6 per team) and your team entry time submitted. Enter your team before the competition starts [here](#).

## Parramatta Inter-Club Cup

Entries are open for the Parramatta Inter-Club.

Help our club retain our title after winning the cup last year. We encourage everyone to enter and help us take on Parramatta City and McCredie Park at Granville Swimming Centre on Saturday, 11<sup>th</sup> November, starting at 3.00pm.

Cost is \$4.00 per event (plus transaction fee) and pool entry is free for all competitors and spectators. Entries close 9<sup>th</sup> November 2023 at 9.00pm.

Enter online [here](#).

## MSW Area LC Championships

The Metro South West Area LC Championships were held last weekend at SOPAC. Our team of 9 swimmers (Joseph Assi, Laura-Belle Casey, Alison Sakurovs, Jay Shrestha, Lisa Shrestha, Daniel Vicic, Matthew Vicic, Leo Zhu & Lillian Zhu) contested 29 individual events and ended with 22 new personal best times, 4 finalists and 1 bronze medal (Laura-Belle).

Congratulations to everyone who swam. 🏆 A full report is [here](#).

## Whales Challenge # 1

Today is the first of the three Whales Challenges for the season. Swimmers have been divided into two teams (Maroon "Turner" Team and White "Emery" team") and these teams are available on the club website. Make sure to wear your club cap in your team colour while competing to get points for your team.

Members receive a club cap as part of their membership. If you have not received your cap this year, you can collect one from Margaret Edwards in your team colour. Check what team you are in [here](#).

Last year saw the White team take the 1<sup>st</sup> challenge, but a strong performance by the Maroon team in the 2<sup>nd</sup> and 3<sup>rd</sup> challenges saw them win the series 2-1, avenging the 3-0 clean sweep by the White team in the previous season. So which team will triumph this year?

An IM Skins event will also be held as part of the Whales Challenge where the top 8 swimmers from the 200m Individual Medley Championships will compete in a knockout format.

## Championship races

The first of our Club Championship races will be held this morning. This is the 200 metres Individual Medley for 10 years to Seniors & Veterans Age groups. All swimmers entered in these Championship races will swim together in an Open event, with the results split into ages to determine the Age Championship results.

These are the first races swum in the morning, so we ask that everyone is at the pool [before 7.00am](#) to assist in getting races underway on time.

Next week (4<sup>th</sup> November) we have two Championships held during the morning, 100 metres Freestyle & 100 metres Breaststroke. The 100 metres Freestyle Championships will be the first events swum and the 100 metres Breaststroke will be held towards the middle of the morning.



## Club Uniforms

See the Property Officer, Margaret Edwards for any questions about club uniforms, or visit

<https://shop.merrylandsasc.asn.au/club-uniforms>

## Learn to Swim

Learn to Swim commences this morning and the lessons will run in two blocks:

- Saturday, 28<sup>th</sup> October to Saturday, 16<sup>th</sup> December, 2023
- Saturday, 3<sup>rd</sup> February to Saturday, 23<sup>rd</sup> March, 2023\*

\* There will be no lesson on 17<sup>th</sup> February, due to the club's swimming meet being held that day.

Lesson times are:

- Child Lessons start at 9:15am and finish at 9:45am.
- Adult Lessons start at 9:30am and finish at 10:15am.

More information can be found on the club website.

## Pool Entry for Squad Training

A reminder that club members receive discounted pool entry when participating in club activities, including Squad Training. All swimmers must pay pool entry when attending these activities.

Spectators attending Squad Training receive free entry, but only if they are spectating swimmers in the squad. If they are swimming in the public areas or spectating non-squad members, the normal pool entry fees apply.

Pool Staff may ask club members to show their membership card when paying their pool entry or purchasing a Club Member Pass. Your membership card can be accessed from Swim Central following these [instructions](#).

## Lions Club Award

We are looking for your help in recognising those members who provide service to the club, over and above their normal duties. The Committee vote on monthly nominees each month. So, if you would like to nominate a club member to be considered for their service submit your nomination [here](#).

## Upcoming Meet Calendar

Check the [website](#) for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
<b>Parramatta Inter-Club Cup</b>	Saturday 11 <sup>th</sup> November	Tuesday 9 <sup>th</sup> November
<b>MSW Open Water Championships</b>	Sunday 12 <sup>th</sup> November	Wednesday 8 <sup>th</sup> November
<b>NSW Junior Metrop Championships</b>	Saturday 25 <sup>th</sup> November & Sunday 26 <sup>th</sup> November	Tuesday 14 <sup>th</sup> November
<b>NSW Senior State Age Championships</b>	Sunday 10 <sup>th</sup> December to Saturday 16 <sup>th</sup> December	Tuesday 28 <sup>th</sup> November
<b>NSW Open Water Championships</b>	Sunday 17 <sup>th</sup> December & Monday 18 <sup>th</sup> December	Wednesday 8 <sup>th</sup> November
<b>Speedo Sprint Heats</b>	TBA	TBA
<b>Merrylands SwimFest</b>	Saturday 17 <sup>th</sup> February	TBA
<b>NSW Senior Metrop Championships</b>	Saturday 24 <sup>th</sup> February & Sunday 25 <sup>th</sup> February	TBA
<b>Speedo Sprint Finals</b>	Saturday 2 <sup>nd</sup> March	Heat qualification
<b>NSW State Open Championships</b>	Friday 15 <sup>th</sup> March to Sunday 17 <sup>th</sup> March	TBA
<b>NSW Junior State Age Championships</b>	Saturday 23 <sup>rd</sup> March to Sunday 24 <sup>th</sup> March	TBA

