

WHALES TALES

Saturday 14th December, 2024

Christmas Raffles, Events & BBQ

Only 1 more week until our spectacular Christmas BBQ (Saturday 21st December). There are raffle prizes and plenty of fun activities planned for the morning.

Raffle prizes include hampers and some surprise prizes. Tickets are \$2 each, or 3 for \$5 and they can be purchased through Swim Central.

Kids Christmas KK Lucky Dip

Would you like to participate in the Kids Christmas KK Lucky Dip? Gift limit is \$5. If you are interested in participating see Joseph Assi for more details.

Swimming NSW State Age Championships

Congratulations to Leo Zhu for his fantastic swims at the Swimming NSW State Age Championships last week.

In addition to his 50m Freestyle PB on Friday, he swam his 2nd fastest 100m Breaststroke on Saturday and finished with a PB in his 50m Breaststroke on Wednesday. Well done Leo



Championship results

Last week the 400 metre Individual Medley Open Championship events were held. The results were:

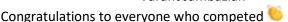
Open Womens Gabriella Assi

Kylee Murray

Open Mens Joseph Assi

Tomas Dlesk

Varant Jambazian



Squad Break over New Year

The last training session for 2024 will be held on Thursday, 19th December. Training resumes on Monday, 6th January.

If you will be away please complete the form on the club website to indicate your last day of training and your first day back to help the coaches plan sessions.

Swimming Centre Hours over New Year

Cumberland Council has some restricted hours of operation for Merrylands Swimming Centre over Christmas and New Year.

Changes to operational hours are:

Date	Hours	
Saturday 21 st December to	Normal hours	
Monday 23 rd December		
Tuesday 24 th December	Closes at 5.30pm	
Wednesday 25 th December	Closed	
Thursday 26 th December	Closed	
Friday 27 th December to 9.30am to 8.00pm		
Monday 30 th December		
Tuesday 31 st December	9.30am to 5.30pm	
Wednesday 1 st January	9.30am to 8.00pm	
Thursday 2 nd January	Normal hours	

Club Uniforms

See the club's online shop <u>club shop</u> for our great range of club uniforms in stock available for sale.

If you have any questions about club uniforms please talk to the Property Officer, Margaret Edwards.













Lions Club Award

Seen someone that deserves recognition for their efforts in helping out? Nominate them for the Lions Club Award, our peak award to recognise our volunteers over the season.

Nominate a volunteer

P-Plate Award

Don't forget to keep an eye out for someone making a silly mistake during the season. We like to recognise and reward all efforts during the season and the P-Plate award is the perfect way to do this for something funny that happens at club.

Nominate a silly mistake

Make a Donation

Our partnership with the Australian Sports Foundation allows supporters to make tax-deductible donations to the club.

If you would like to make a donation ,or know someone or a business who would like to then click on the link below.

Thank you to everyone who has made a donation since this partnership commenced. We appreciate your kind support.

Make a donation

Seen a Problem? Get it Fixed

If you see something that needs fixing you can elevate this directly with Council by logging the issue here.

Upcoming Meet Calendar

Check the website for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
NSW Open Water Championships	Saturday 14 th December & Sunday	Closed
	15 th December	
MASC Christmas BBQ	Saturday 21 st December	
Area Speedo Sprint Heats	Saturday 8 th February	TBA
Merrylands SwimFest	Saturday 15 th February	Saturday 1 st February
NSW Senior Metropolitan C/Ships	Friday 21 st February to Sunday	Tuesday 11 th February
	23 rd February	
NSW Junior State Age Championships	Saturday 15 th March to Sunday	Tuesday 4 th March
	16 th March	
NSW State Open Championships	Friday 21 st March to Sunday 23 rd	Tuesday 11 th March
	March	



























Club Merrylands - December & January activities

























Set Up & Pack Up on Saturday Mornings

There is a lot to do in set up and pack up on Saturday mornings – thank you to the members who have been arriving early and/or staying back to help.

These are some of the things that need to be done, with an emphasis commencing on time:-

Priority Items

- Shelter and side shade for the recorders on the lane 1 start side of the pool lives in the clubroom near the side door.
- Plastic table and 4 (grey) chairs for the recorders. Table lives in the shed. Grey chairs from the club room.
- Wireless Router to be fitted to the time clock pole at the start end, plugged in and switched on.
- Starter podium and witches' hats (to remind people not to walk in front of the Starter and Referee) lives in the shed, front left corner.
- Power cables for computers to be connected to same power point as Router on pole.
- Speaker etc for starting device lives in plastic box on Starter's podium. Place speaker on lane 8 side securely next to pole of backstroke flags and roll cable along pool deck coping to lane 1 side. Cover exposed cable with cable guards (see below).
- Starting device tripod lives in the clubroom near the side door (same place as shelter and side shade)
- Starting device will be on charge in the clubroom on kitchen bench
- Cable guards (6 yellow) for the Recorders & speaker for the Starter these live in the shed.

Important Items

- Stopwatches and clipboards black case lives in the locker in the clubroom and needs to be set up on a folding table from the shed. Turn them on.
- 15m (false start) rope (in box with Starter's podium) and poles (in 'old club room'). You will need someone to show you how this works and you will be so proud of yourself when you master it!
- 25m rope (for 25m, 33m & 15m races). Lives in the shed in a wire trolley and needs to be rolled out along the end (preferably 50m end) of the pool.

Final items

- Block covers removed and put out of the way under the blue shelter.
- Chairs setup for Timekeepers at both ends of the pool. Chairs live in the shed and there is a trolley to move them.
- Presentation dais (only for Championship days) lives in the clubroom under the trophy cabinet right side as you enter.
- Umbrellas if it is raining found in a black plastic drum trolly in the Shed good luck wheeling this one Including the beach umbrella for the Starter.

Pack up; return everything to the location it is stored and please be careful in handling cables and ropes so as not to tangle. Sometimes the blocks get a wash if we can find a working hose.

On rainy days, placement of the recording table and all associated equipment including router will be on the veranda of the Clubhouse. No need for shelter and tables.

Remember that timekeeper watches should not be turned on until after the Router is switched on