



# WHALES TALES

Saturday 1<sup>st</sup> March, 2025

## Swim for your School

Congratulations to everyone who swam for their school as part of club races last Saturday.

Galstaun College won the event, eclipsing Sacred Heart Primary School in the total pointscore 🏆



## NSW Senior Metropolitan Championships

Congratulations to Leo Zhu who represented our club at these championships last weekend.

Leo swam in the 50m Breaststroke & 50m Freestyle events, swimming just outside his entry time in the Breaststroke and breaking his entry time in the Freestyle event 🏆

## Open Water

Congratulations to Ian Wilson who raced at the Huski Tri last weekend. Ian competed in the 1k Open Water Swim and came 1st in his age group 🏆



## School Carnivals

It's that time of year when schools hold their swimming carnivals and swimmers progress through the next level meets.

Last week saw some great results with swimmers from our club progressing from Zone to Regional level meets 🏆. Keep up the great work and good luck for your next level meets. May the whale be with you 🐋



## Backstroke Championships

Good luck to everyone who is competing in the 50m, 25m & 200m (Open) Backstroke Championship events this morning.

Next Saturday (8<sup>th</sup> March) is our last Championship event for the season, the 1500m Freestyle.

Whilst you may not have family members competing in this event we ask that everyone arrive at the pool prior to 7.00am to encourage everyone competing in the event and to also assist with timekeeping.

## Blacktown Masters BPS Meet

Good luck to Alison Sakurovs who is competing in this meet today. Alison is swimming in the 100m Freestyle, 50m Butterfly & 50m Freestyle. Good luck Alison & may the whale be with you 🐳

## Can you help on Wednesday 5<sup>th</sup> March?

We are providing the timing system for the Merrylands PSSA meet at Merrylands Swimming Centre this coming Wednesday (5<sup>th</sup> March). Our club earns a fee for this, so if you are available we would love to see you down at the pool to assist with set up and pack up of our equipment.

## Club Uniforms

Order your Club Uniforms via club's online [shop](#). We hope to have the ordered long sleeve shirts soon (there has been a delay in receiving these from the supplier due to material shortages).

## Seen a Problem? Get it Fixed

If you see something that needs fixing you can elevate this directly with Council by logging the issue [here](#).

## Lions Club Award

Seen someone that deserves recognition for their efforts in helping out? This is a great chance to recognise the great work done by so many people for the SwimFest. Why not nominate them for the Lions Club Award, our peak award to recognise our volunteers over the season.

[Nominate a volunteer](#)

## P-Plate Award

Don't forget to keep an eye out for someone making a silly mistake during the season. We like to recognise and reward all efforts during the season and the P-Plate award is the perfect way to do this for something funny that happens at club.

[Nominate a silly mistake](#)

## Make a Donation

Did you know you can make a tax-deductible donation to the club?

If you would like to make a donation, or know someone who would like to then click on the link below.

Thank you to everyone who has made a donation already.

[Make a donation](#)

## Upcoming Meet Calendar

Check the [website](#) for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
<b>Blacktown Masters Meet</b>	Saturday, 1 <sup>st</sup> March	Closed
<b>NSW Junior State Age Championships</b>	Saturday 15 <sup>th</sup> - Sunday 16 <sup>th</sup> March	Tuesday 4 <sup>th</sup> March
<b>NSW State Open Championships</b>	Friday 21 <sup>st</sup> – Sunday 23 <sup>rd</sup> March	Tuesday 11 <sup>th</sup> March
<b>MSW 5 8 Meet</b>	Saturday 5 <sup>th</sup> April	Wednesday 26 <sup>th</sup> March





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## Set Up & Pack Up on Saturday Mornings

There is a lot to do in set up and pack up on Saturday mornings – thank you to the members who have been arriving early and/or staying back to help. These are some of the things that need to be done, with an emphasis commencing on time:-

### Priority Items

- Shelter and side shade for the recorders on the lane 1 start side of the pool – lives in the clubroom near the side door.
- Plastic table and 4 (grey) chairs for the recorders. Table lives in the shed. Grey chairs from the club room.
- Wireless Router to be fitted to the time clock pole at the start end, plugged in and switched on.
- Starter podium and witches' hats (to remind people not to walk in front of the Starter and Referee) – lives in the shed, front left corner.
- Power cables for computers to be connected to same power point as Router on pole.
- Speaker etc for starting device – lives in plastic box on Starter's podium. Place speaker on lane 8 side securely next to pole of backstroke flags and roll cable along pool deck coping to lane 1 side. Cover exposed cable with cable guards (see below).
- Starting device tripod – lives in the clubroom near the side door (same place as shelter and side shade)
- Starting device – will be on charge in the clubroom on kitchen bench
- Cable guards (6 yellow) for the Recorders & speaker for the Starter – these live in the shed.

### Important Items

- Stopwatches and clipboards – black case lives in the locker in the clubroom and needs to be set up on a folding table from the shed. Turn them on.
- 15m (false start) rope (in box with Starter's podium) and poles (in 'old club room'). You will need someone to show you how this works and you will be so proud of yourself when you master it!
- 25m rope (for 25m, 33m & 15m races). Lives in the shed in a wire trolley and needs to be rolled out along the end (preferably 50m end) of the pool.

### Final items

- Block covers removed and put out of the way under the blue shelter.
- Chairs setup for Timekeepers at both ends of the pool. Chairs live in the shed and there is a trolley to move them.
- Presentation dais (only for Championship days) – lives in the clubroom under the trophy cabinet right side as you enter.
- Umbrellas if it is raining – found in a black plastic drum trolley in the Shed – good luck wheeling this one 😊 Including the beach umbrella for the Starter.

**Pack up; return everything to the location** it is stored and please be careful in handling cables and ropes so as not to tangle. Sometimes the blocks get a wash if we can find a working hose.

**On rainy days**, placement of the recording table and all associated equipment including router will be on the veranda of the Clubhouse. No need for shelter and tables.

**Remember that timekeeper watches should not be turned on until after the Router is switched on**

