



# WHALES TALES

Saturday 20<sup>th</sup> September, 2025

## And the Spring Racing Carnival is underway

The swimmers have jumped from the blocks and made the first turn, now for the 2<sup>nd</sup> week of the Spring Racing Carnival 😊

A reminder the Swimming Centre opens at 7.00am (during September) for setup and races commence at 7.15am, with a finish within 90 minutes.

## Swimming NSW Registration is open

Registration for the 2025/2026 season is open and instructions on how to re-register for the summer are on the [How to Join](#) page. Swimmers can enter our Spring Racing Carnival before renewing their 2025/2026 memberships. To enter races after 1<sup>st</sup> October you will need to have renewed your membership.

We are again providing [Free Membership](#) for swimmers 8yrs & Under, who regularly swim in our club races. See the club website for more information about this.

## Metro South West LC Championships

The Metro South West LC Area Championships will be held on Saturday 25<sup>th</sup> & Sunday 26<sup>th</sup> October at SOPAC.

**Entries close mid-October.** We will provide more information once the program of events is published.

## Cumberland Inter-Club Cup

It is our turn to again host the Cumberland Inter-Club Cup to be held on Saturday 15<sup>th</sup> November at Merrylands Swimming Centre.

The Social Committee is working hard to finalise all the details to make it a great afternoon again.

We will be using our set of touch pads for the meet so this is an early reminder that the meet is a whole of club event. Your help on the day will be needed and greatly appreciated.

## Walk to Defeat MND Fundraising

Our target goal of \$5,000 has almost been reached, with donations now exceeding \$4,900. A big thank you to everyone who has supported this important fund-raising event.

Please continue to spread the word about the fundraising effort to all of your friends and we hope you are able to join in on the fundraising walk event on Sunday 2<sup>nd</sup> November at Blaxland Riverside Park, Sydney Olympic Park.

More information can be found using the QR code or website address on the attached brochure.

## Fat Jak's sponsorship

As we advised last week Fat Jak's (a local business) have joined with us this season.

Their sponsorship includes \$20 MVP vouchers and 10% discount family loyalty cards. Last week saw the first of our lucky swimmers prizes drawn.

Congratulations to Ian Wilson & Joseph Assi 🏆

**Stay after races today as we have two more \$20 voucher lucky prize winners to draw.**



Fat Jak's are located in Merrylands (MASON & MAIN 5/1 Main Lane) and they provide a range of delicious burgers, parras and side dishes.



## School Holiday activities

Yes, it is almost school holidays time again. Club Merrylands has a number of activities available to keep the kids busy:

### KIDS BINGO - \$5 Entry - Tuesday 30 September

10.30am | Doors open 10am

Ticket includes lucky door ticket, drink, packet of chips, bingo book and texta. Book online at

<https://www.trybooking.com/DFMAU>

### KIDS MINIFIT CLINIC - Tuesday 7 October

SESSION TIMES: 10AM – AGES 5–8 | 1PM– AGES 9–12yrs Limited places available

BOOK Now <https://www.minifit.com.au/nsw-school-holiday-program>

### KIDS BOWLS - Tuesday 7 October

SESSION TIMES: 9:30AM – AGES 5–12 | 10:30AM – AGES 13+ Limited places available

BOOK Now at [www.cumberland.nsw.gov.au/](http://www.cumberland.nsw.gov.au/)

## See a Problem? Get it Fixed

See something at the pool that needs fixing? Let Council know of any issues by using the Snap Send Solve mobile app which can be found at:

[www.cumberland.nsw.gov.au/snapsendsolve](http://www.cumberland.nsw.gov.au/snapsendsolve)

## Donations

Our partnership with the Australian Sports Foundation allows supporters to make tax-deductible donations to the club. Funds raised help us upgrade and maintain our equipment and systems, providing better facilities for you, our members.

We appreciate the great support our members have provided since the partnership commenced. Donations can be made [here](#).

Some of the fun from last week's races 😊



Thanks to our helpers 🙏



A beautiful sunny day for a swim



And the lucky prize winners are

## Upcoming Meet Calendar

Check the [website](#) for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
Revesby Workers 2025 LC Interclub Meet	Saturday 27 <sup>th</sup> September	Closed
Metro South West Area LC Championships	Saturday 25 <sup>th</sup> & Sunday 26 <sup>th</sup> October	TBA mid-October
Cumberland inter-Club Cup	Saturday 15 <sup>th</sup> November	TBA







*Pool to Pavement for Peter*



**SYDNEY**

Join or Donate to our 'Make a splash for MND' team now!

*9am* **SUNDAY 2<sup>nd</sup>  
NOVEMBER 2025**

**BLAXLAND RIVERSIDE  
PARK, SYDNEY  
OLYMPIC PARK**

**5KM CHARITY WALK TO SUPPORT  
PEOPLE LIVING WITH MOTOR  
NEURONE DISEASE**

**ALL AGES AND ABILITIES!**



[walktodefeatmnd.org.au/fundraisers/makeasplashformnd](http://walktodefeatmnd.org.au/fundraisers/makeasplashformnd)

## Club Merrylands School Holiday Activities



**KIDS BINGO**

**TUESDAY 30 SEPTEMBER**  
10.30am | Doors open 10am

**\$5 ENTRY**

**24**

Ticket includes lucky door ticket, drink, packet of chips, bingo book and texta

Book online at <https://www.trybooking.com/DFMAU>



**FITNESS CLINIC FOR KIDS**

**TUESDAY 7TH OCTOBER 2025**

**HILLTOP RD PUBLIC SCHOOL**  
BRING A HAT & WATER BOTTLE

**FREE**

5 - 8 years: 10am - 12pm  
9 - 12 years: 1pm - 3pm


**Get involved!**

The Minifit Clinics are a great way to encourage health, fitness, and wellbeing amongst your kids. Being active has many benefits for children and sets them up for healthy habits for the rest of their lives. Our clinics are interactive, hands-on, and a fun way for kids to get involved.

Led by Anthony Minichiello himself, Minifit provides fun-filled activities for children aged 5-12, and is for boys and girls.

Register now at:  
**minifit.com.au**

**minifit** **@minifitnow** **MiniFit**



**KIDS BOWLS**

**Tuesday 7 October**  
SESSION TIMES:  
9:30AM - AGES 5-12 | 10:30AM - AGES 13+

**BOOK Now at [www.cumberland.nsw.gov.au/](http://www.cumberland.nsw.gov.au/)**  
Limited places available

