



WHALES TALES

Saturday 24th February, 2018

Merrylands Amateur Swimming Club – 50th Anniversary

We hope you enjoyed the 50 Cup Cake day last Saturday. Over the coming weeks we are holding a Lolly Guessing Competition. 50c for a guess and you can have as many guesses as you like. See Margaret to have your guess. To the winner go the spoils (and the sugar hit).

MSW Qualifying Meet

Congratulations to Michael Evans, Reece Tomkinson & Alison Sakurovs who all swam at the MSW qualifying meet last Sunday. PB's galore were swum, so a fantastic effort by the swimmers and coach.

Merrylands SwimFest Meet – Today

Today we are hosting the Merrylands SwimFest with 236 swimmers representing 34 clubs, with 30 swimmers from our club participating. We will be setting up after club races and squad training today, so if you can stay and help that would be greatly appreciated. Final set up will commence from 12.30pm, with warm-up for swimmers at 1.30pm (all of our swimmers should be stretching and in swimming costumes prior to warm-up commencing) and races commencing at 2.30pm.

If you haven't yet confirmed you are able to assist during the meet please see Graham or Margaret this morning. Good luck to all of our swimmers and thank you to everyone who is helping out on the day.

Remember there are also time changes (for swimmers not participating in the SwimFest) or no training for some squads this morning:

Squad	Time	No Training for these squads
Novice	9.15am to 10.00am	Junior
Adult & Masters	10.00am to 11.00am	Development
Teen	10.00am to 11.00am	Age
		Senior

Hosting Duties – MSW 5 – 8 Year Meet - Saturday 3rd March, 2018

We are rostered to provide hosting duties at the Metro South West 5 – 8 Years Meet on Saturday 3rd March, 2018. This is an afternoon meet held locally at Guildford Pool. Our duties include helping with gate entry, result posting, presentation of medals & ribbons etc. We need about 4 or 5 helpers on the day, so if you can help please let Graham know.

Whales Picnic – Sunday 11th March, 2018

The Whales Picnic is being held at Blaxland Riverside Park, Jamieson Street, Sydney Olympic Park (off Holker Street, Silverwater) on Sunday 11th March, 2018 (11.00am – 4.30pm).

Trophy Return

Please return any perpetual trophy's you have from last season on a Saturday morning to the club room (you have 4 more weeks left to do this).

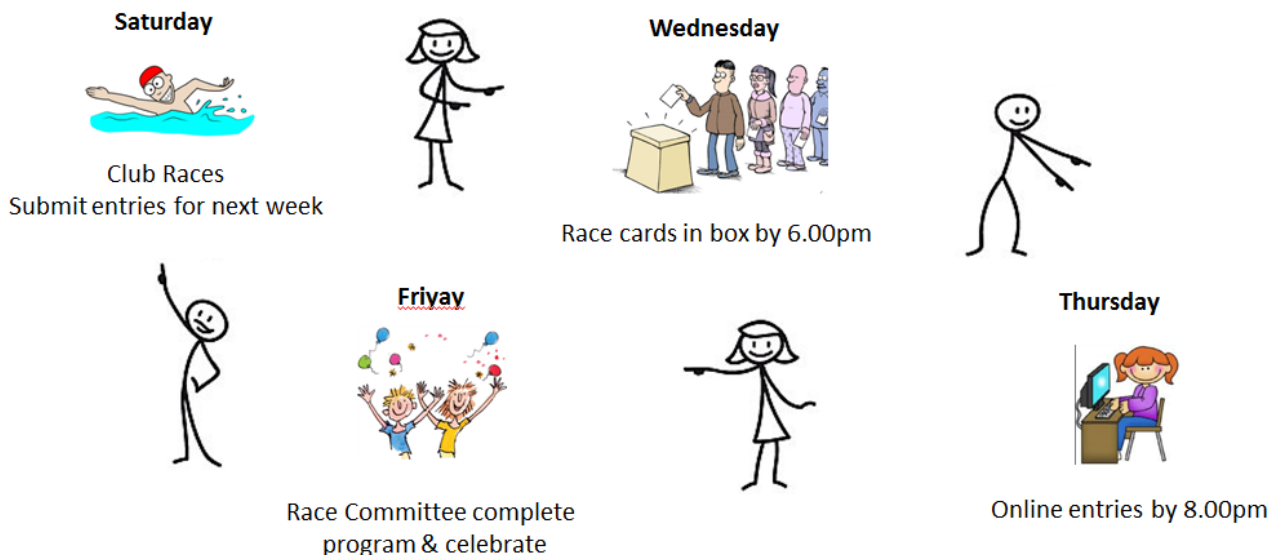
Beer, Burgers and Bowls

Have some spare time tomorrow? Club Merrylands has the Beer, Burgers and Bowls activity on at Guildford Bowling Club from 11.00am. No need to book just roll up (that's a bowls gag) 😊

Race Starting Time and Entries

With championships underway and running until the end of the season it is important that we start on time at 7.00am. So to make sure you don't miss your race, arrive before 7.00am and be ready when called at marshalling.

Remember to also get your race entries in on time (it eases the load on the Race Committee)



Any questions about races should be emailed to race.secretary@merrylandsasc.asn.au

Active Kids Program

For more information see the noticeboard in the club room or visit the MyServiceNSW website at www.service.nsw.gov.au or Swimming NSW website at <https://nsw.swimming.org.au/page.php?id=258>

Uniforms

Visit our new online store at <https://shop.merrylandsasc.asn.au/> to order uniform items.

Upcoming Events

MEET NAME	MEET DATE	ENTRY CLOSING DATE
MASC 400metre Freestyle (Open)	Saturday 24 th February	Closed
Merrylands SwimFest	Saturday 24 th February	Closed
MASC 50metre Breaststroke	Saturday 3 rd March	Wednesday 28 th February
MSW 5 – 8 Years Meet	Saturday 3 rd March	Closed
MASC 50metre Backstroke	Saturday 10 th March	Wednesday 7 th March
Speedo Sprint Finals	Saturday 10 th March	
Whales Picnic	Sunday 11 th March	
MASC 800metre Freestyle (Open)	Saturday 17 th March	Wednesday 14 th March
MSW Long Course Sprint Meet	Saturday 17 th March	Thursday 15 th March
MASC 200metre Freestyle	Saturday 24 th March	Wednesday 21 st March

For more information & race results check out our club website www.merrylandsasc.asn.au

The Swimming Metro South West website link is www.metroswsw.swimming.org.au