



Merrylands Amateur Swimming Club Inc.

WHALES TALES

Saturday 2nd November, 2019

Parramatta Inter-Club Cup – next Saturday

We are hosting the Parramatta Inter-Club Cup next Saturday (9th November, 2019) at Merrylands Swimming Centre. The team list is available on the club website. Please email the Race Secretary (race.secretary@merrylandsasc.asn.au) **BEFORE** Wednesday if you are unable to participate. Swimmers payments (\$10 per swimmer includes races, pool entry & sausage sandwich) for the meet can be made through the club online shop (<https://shop.merrylandsasc.asn.au/>).

Races start at 3.30pm so we will be setting up from 2.00pm. All swimmers need to be ready to commence warm up at 3.00pm. This means swimmers need to arrive by 2.30pm to prepare & stretch and to be ready to enter the water at 3.00pm.

We need help from all of our parents at this meet, as we need to set up the pool, marshalling, announcer, timekeeping during races, cooking the bbq etc. See Graham to volunteer for your favoured role.

Club Captains – nominations close today

Nominations for the positions of Male and Female Club Captains close this morning at 9.30am. See Graham today to submit your nomination for Club Captain. All financial first claim members can vote for these positions on week 6 (16th November, 2019).

Relay Competition – commences Saturday 9th November, 2019

Remember to organise your team if you have not done so yet (maximum of 6 team members, with any 4 of the team swimming each week). The competition commences on Saturday 9th November, 2019. The competition is held over 10 weeks and concludes on Saturday 21st March, 2020. See Margaret if you need to organise your relay team.

Club Uniform

We have a great range of club uniform items available for sale. These can be sourced through our online shop (<https://shop.merrylandsasc.asn.au/>). Please see our Property Officer (Margaret Edwards) if you need assistance or have questions about the club uniform items.

Swim Central

Swim Central is provided by Swimming Australia & Swimming NSW for membership and event entry. If you have complaints or feedback we recommend you provide this to Swimming Australia & Swimming NSW by completing the following surveys:

Membership Survey: <https://bit.ly/2lBk2hp>

Meet Entries Survey: <https://bit.ly/2ARsjtk>

Remember: Please do not leave your meet entries until the last minute. Our Race Committee are able to help you if you are having difficulties, but don't leave it until Thursday afternoon to ask for help (or after entries have closed).

Online Entries – Check Your Events Carefully

In the new online entries system, the descriptions of the events cannot be changed e.g. Senior Handicap instead of 50m Freestyle, or 100m Backstroke Championship instead of 100m Backstroke. Please check your event selections carefully before you pay.

Chocolate Fundraising

We have some boxes still to distribute. If you would like to take more boxes please see Trish Johnston. Monies can be returned to Trish as well and we plan to complete this activity by the end of November 2019.

We need your help!

We still have a few vacant positions following the Club's Annual General Meeting in May and we need your help to fill them. You just need to be a club member 18yrs of age or older.

Social Committee Member

Role: Helps organising or running social activities e.g. BBQs, Raffles, etc.

Time Commitment: On average, 30 minutes on a Saturday morning during Club Races selling Raffle Tickets

Attend Committee Meetings: No

Questions: Ask Tricia Johnston what is involved

Can you help?: Email secretary@merrylandsasc.asn.au to volunteer

Learn to Swim Committee Member

Role: Helps with the administration of Learn to Swim on a Saturday morning – marking off names, handling enquiries

Time Commitment: 30-45 minutes on a Saturday morning while learn to swim is running

Attend Committee Meetings: No

Questions: Ask Leanne Tovkach what is involved

Can you help?: Email secretary@merrylandsasc.asn.au to volunteer

Assistant Treasurer

Role: Assists collecting payments on a Saturday morning when the Treasurer is unavailable

Time Commitment: 20-30 minutes on a Saturday morning, following Club Races, when the Treasurer is unavailable

Attend Committee Meetings: No

Questions: Ask Ian Johnston what is involved

Can you help?: Email secretary@merrylandsasc.asn.au to volunteer

Chief Timekeeper

Role: Organising Timekeepers on a Saturday morning

Time Commitment: Duration of Club Races

Qualifications: Ideally will hold the Chief Timekeeper Technical Official Accreditation

Attend Committee Meetings: No

Questions: Ask Graham Edwards what is involved

Can you help?: Email secretary@merrylandsasc.asn.au to volunteer

All these positions have a very small time commitment, but are vital to the smooth running of the club. Thankyou to Emily Lim who has answered the call to volunteer to assist the club.

Member Profile

See Graham to provide your profile information for inclusion in future editions of the Whales Tales. Blank forms are available in the club room.

Metro South West Long Course Senior Championships

We have a team of 4 swimmers competing at the Area LC Championships this weekend at SOPAC. Good luck to Laurabelle Casey, Brendan Kirkpatrick, Alison Sakurovs and Sophia Vicic, may the Whale be with you all.

Timekeepers Course

Thank you, we have seven members who have completed the online component of the course already. We encourage anyone still considering to undertake the course to do so as soon as possible, as we plan to arrange the practical assessment for a Saturday morning at club races. Remember the minimum age is high school student, so we also encourage our Junior members to also obtain their accreditation.

To access the online video and test:

1. Visit <https://nswtraining.swimming.org.au/courses/timekeeper/>
2. Click the green "Take this Course" button at the bottom of the page
3. Register for an account on the site
4. Once logged in, you can watch the video again, or scroll to the bottom of the page and click "Timekeeper Theory Test"
5. Once you have successfully completed the test, remember to email a copy of your certificate to technical@merrylandsasc.asn.au

Club Championship Races

- Club races commence at 7.00am, with the championship event the first event of the morning;
- Make sure you are at the pool prior to 7.00am, as you do not want to miss your race;
- If you arrive after your event has marshalled and commenced you will not be able to swim in the event.

To be eligible to enter championships the swimmer must be financial in this season. The swimmer must have swum the same stroke and same distance during the current season (check the program and plan your swims carefully).

If there is a championship for your age (whether you are swimming in it or not) you can swim:

- your Age championship plus
- the Open championship (subject to having swum in your age championship) plus
- 2 other events plus
- Senior Handicap (if 17 and over) plus
- Relay (if there is one on the program for the day)

If there is NO championship for your age group you can swim:

- 3 events plus
- Senior Handicap (if 17 and over) plus
- Relay (if there is one on the program for the day)

If you enter too many events your entries for the extra event/s will be withdrawn when the program is prepared for the day. The 2019/2020 season program can be downloaded at <https://merrylandsasc.asn.au/clubraces/>

Youth Week 2020

Each year for Youth Week Cumberland Council supports young people to organise, plan and run Youth Week events. The young people in council's Youth Week Planning group have come up with some ideas but they want to hear from all young people (12-25 years) living in Cumberland.

To have your say visit <https://haveyoursay.cumberland.nsw.gov.au/youth-week-2020>. The survey closes Wednesday 6th November, 2019.

Upcoming Events

MEET NAME	MEET DATE	ONLINE ENTRY CLOSING
MASC 200metre Ind Medley (JNR)	Saturday 2 nd November	Closed
MSW Area Senior LC C/Ships SOPAC	Saturday 2 nd November Sunday 3 rd November	Closed
MASC 100metre Breaststroke Parramatta Inter-Club Cup	Saturday 9 th November	Thursday 7 th November Club Selection
MASC 100metre Freestyle	Saturday 16 th November	Thursday 14 th November
MSW Area Open Water C/Ships MASC 100metre Butterfly	Sunday 17 th November	Monday 11 th November
MASC 200metre Freestyle (JNR)	Saturday 23 rd November	Thursday 21 st November
MASC 200metre Freestyle (JNR)	Saturday 30 th November	Thursday 28 th November
NSW Metropolitan Senior C/Ships SOPAC	Saturday 30 th November Sunday 1 st December	Tuesday 19 th November 5.00pm
MASC 200metre Ind Medley (Open) Whales Challenge	Saturday 7 th December	Thursday 5 th December
NSW State Age Senior C/Ships	Saturday 7 th December	Thursday 5 th December
NSW State Age Senior C/Ships	Friday 13 th December Sunday 15 th December	Tuesday 3 rd December
MASC 400metre Freestyle (JNR)	Saturday 14 th December	Thursday 12 th December
NSW State Open & Age Open Water	Friday 20 th December Saturday 21 st December	Tuesday 10 th December
MASC 800metre Freestyle (Open)	Saturday 21 st December	Thursday 19 th December
Christmas Break - No Swimming	Saturday 28 th December	N/A

Whales Tales Online

Do you want the weekly Whales Tales delivered straight to your inbox? Scan the QR code below with your mobile phone to sign-up online, and never miss the latest news



Sponsors

We again thank our major sponsors who provide fantastic support to our club. If you know of a business or organisation who may be interested in providing sponsorship or support to our club please let Graham know.



For club information & race results check out:

Website www.merrylandsasc.asn.au

Facebook <https://www.facebook.com/MerrylandsSwimmingClub/>

Twitter <https://twitter.com/merrylandsswim>

YouTube <https://www.youtube.com/user/MerrylandsASC>