



WHALES TALES

Saturday 13th February, 2021

Merrylands SwimFest

We are holding the Merrylands SwimFest next Saturday (20th February, 2021). Warm up commences at 1.30pm with races starting at 2.30pm.

There are some changes this year given COVID-19 restrictions. Only six clubs will be attending and we will have designated areas assigned to each club. Please read the guidelines in place in the online program when it is published next week.

The COVID-19 drive-through test clinic continues to use part of the swimming centre carpark. Parking will remain limited. Please take care when walking from your car to the centre.

We ask for the help of all parents and members who are not competing in the SwimFest as we have many roles to undertake on the day. More details about the meet can be found at <https://www.merrylandsasc.asn.au/swimfest>

Speedo Sprint Heats

Congratulations to our team of 18 swimmers who competed at the Speedo Sprint Heats last Saturday at SOPAC. Every one of our swimmers contributed to the team's tally of 54 new PBs! 10 of our swimmers achieved personal best times in every event they swam.

Congratulations to Joseph Assi who came 4th in the 10 years 50m Breaststroke and will represent the Metro South West Area at the Speedo Sprint Finals in March 🏆



Our successful Speedo Sprint Heat team at SOPAC

MSW Junior Championships

Congratulations to Matthew Vicic who won the 200m Butterfly last Saturday at the Metro South West Junior Championships Distance Meet at SOPAC 🏆



Cole Classic Ocean Swim

Ian Wilson competed in the Cole Classic (5klm) swim at Manly last Sunday. Ian completed the swim in 1:13:24, finishing 51st out of 308 competitors. Congratulations Ian on your swim 🏆

We also saw five of our junior members swim in the 1klm event. There were 1,142 competitors in this event. Congratulations to Lisa Shrestha (18:44 - 598th), Nevah Shrestha (16:58 - 357th), Niushka Shrestha (14:34 - 113th), Shreya Shrestha (18:07 - 496th) & Summer Shrestha (14:24 - 101st) 🏆

Season Program Changes

The amended season program can be found at <https://www.merrylandsasc.asn.au/clubraces>

Please ensure you check the amended season program and plan your swims and championship qualification based on the amended program.

Club Uniforms

Items can be purchased through the club's online shop <https://shop.merrylandsasc.asn.au/club-uniforms>

Member Profile

Celebrating his great first ever 5 km Open Water Championship swim and Gold medal winning performance last Saturday we find out some interesting information about Matthew Vivic:

<i>Favourite Colour</i>	<i>Green</i>
<i>Favourite Food</i>	<i>Pizza and Pad Thai</i>
<i>Favourite Sport (apart from swimming)</i>	<i>Volleyball</i>
<i>Favourite Team</i>	<i>Don't have one</i>
<i>Favourite Holiday Place</i>	<i>Fiji</i>
<i>Favourite Memory</i>	<i>Fiji</i>
<i>Favourite Song</i>	<i>Supermarket flowers - Ed Sheeran</i>
<i>Favourite Movie/TV Show</i>	<i>Star Wars/Greys Anatomy</i>
<i>Career after school</i>	<i>Surgery</i>
<i>I like Merrylands</i>	<i>Of all the people and coaches that are also in the club</i>
<i>Swimming Club because</i>	

COVID-19 Safety Plan & Protocols

Health updates that affect our club members can be found at <https://www.merrylandsasc.asn.au/news>.

COVID-19 Contact Tracing

Spectators entering the centre must check-in and out using the Service NSW app which is located at the pool entry. Please ensure you sign-in and sign-out every time you attend the swimming centre.

To download the Service NSW app visit <https://www.nsw.gov.au/covid-19/being-covid-safe/check-in#download-the-service-nsw-app>

Handy Links – QR Codes

Whales Tales online



Relay Weekly Team form



Club Championship Results

Congratulations to all swimmers who competed in the 200m Individual Medley Championships last week:

Boys 14 Years	
1 st	Elie Menhem

Womens 15 Years	
1 st	Breeanah Khoury
2 nd	Laurabelle Casey
3 rd	Darla Assi

Mens 15 Years	
1 st	Michael Vivic

Senior Womens	
1 st	Sophia Vivic

Senior Mens	
1 st	Brendan Kirkpatrick
2 nd	Michael Evans
3 rd	Peter Johnston

Veteran Womens	
1 st	Kylee Murray
2 nd	Melissa Cohen

Veteran Mens	
1 st	Graham Edwards

Sponsors

Thank you to our major sponsors who support our club:



Upcoming Events - *** includes season program changes***

MEET NAME	MEET DATE	ENTRY CLOSING
MASC 50metre Freestyle Championship MASC 25metre Freestyle Championship MASC 200metre Freestyle Championship (Open)	Saturday 13 th February	Closed
MASC 400metre Freestyle Championship (Open)	Saturday 20 th February	Thursday 18 th February
Merrylands SwimFest	Saturday 20 th February	Closed
MASC 400metre Freestyle Championship (Junior)	Saturday 27 th February	Thursday 25 th February
SNSW Metropolitan Championships (Senior)	Saturday 27 th February to Sunday 28 th February	Tuesday 16 th February
MASC 50metre Backstroke Championship MASC 25metre Backstroke Championship MASC 200metre Backstroke Championship (Open)	Saturday 6 th March	Thursday 4 th March
Speedo Sprint Finals (SOPAC)	Saturday 6 th March	Entry via Heats
MSW Junior Championships (SOPAC)	Saturday 13 th March	Friday 5 th March
SNSW State Open Championships	Thursday 18 th March to Sunday 21 st March	Wednesday 3 rd March
MASC 1500metre Freestyle Championship (Open)	Saturday 20 th March	Thursday 18 th March
Whales Challenge	Saturday 20 th March	Thursday 18 th March
MASC 400metre Freestyle Championship (Senior)	Saturday 27 th March	Thursday 25 th March
SNSW State Age Junior Championships	Saturday 27 th March to Sunday 28 th March	Tuesday 16 th March



STAY UP TO DATE

Get the latest news and information at:

Club website

<https://www.merrylandsasc.asn.au>

Facebook

<https://www.facebook.com/MerrylandsSwimmingClub>