

WHALES TALES

Saturday 24th December, 2022



Christmas Celebration

Well, we are now half way through the current season and Christmas provides a time to celebrate and rejuvenate for the new year.

On behalf of the Committee, I would like to thank everyone for their help with club activities. We wish you and your family a very Merry Christmas and a wonderful 2023 ahead.

Today is our last swim of 2022 and club races resume on Saturday 7th January 2023 (squad training resumes on Tuesday 3rd January 2023).

Following club races today we will have:

- Novelty races and events
- Christmas Breakfast & Hamper draw

Merrylands 50's

The Merrylands 50s is a knockout handicap competition with 3 rounds: Preliminaries and Semi-Finals, all leading to a Final with a winner-takes-all prize at the end. The top swimmers from each round progress to the next round. Each swimmer is given a time handicap, so everyone has a chance of winning.

Just enter Club Races as usual for the 7th January.

Updated conditions for attendees at all club activities

Updated conditions applicable for attendees wanting to attend any club activity (e.g. club races, squad training & social events) can be found here:

- Club Races & Social Events
- Squad Training
- Learn to Swim

Important Club Reminders

We want to reiterate some important membership requirements:

- Parents of swimmers under the age of 18yrs are required to attend club races with their children. It is not a babysitting service and if at least one parent is not able to attend then the child/children should not attend club races that morning;
- The club is run by volunteers and requires the
 assistance of everyone to be able to run club
 races each week. We require at least one
 parent from each family attending club races on
 the morning to assist with jobs around the pool
 deck. This means a parent of each family is
 required to assist with roles such as
 timekeeping, marshalling, check starting;
- Arrive at the pool early to assist with set up and be ready for races to start at 7.00am. Set up and pack up of the club's equipment is not the domain of 1 or 2 people. Everyone can assist with this. So why not come down earlier and learn how to set up.
- Even if your child/children are not swimming in the first event being at the pool assists us in getting races started on time as we need to ensure we have enough timekeepers to start races;
- When timekeeping please ensure you use the lanyard to secure the stopwatch around your neck, remain quiet when a race is about to commence (the referee's whistle is an alert for you that a race is about to start, as well as inviting the swimmers to get on the blocks or enter the pool), concentrate on the swimmer in your lane and be in the correct position at each turn and the finish of the race, i.e. looking directly down the pool wall so you can see the swimmer touch the wall.











Upcoming Meet Calendar

Check the website for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
MSW Long Course Qualifying Meet	8 th January	CLOSED
Speedo Sprint Series Heats	12 th February	31 st January
Merrylands SwimFest	18 th February	4 th February
NSW Senior Metropolitan Championships	25 th February & 26 th February	14 th February
Speedo Sprint Series Finals	4 th March	Qualify via Heats meet
NSW State Open Championships	10 th March to 12 th March	28 th February
NSW Junior State Age Championships	25 th March & 26 th March	14 th March

Sponsors

Thank you to our major sponsors who provide fantastic support to our club. If you know of a business or organisation that may be interested in providing sponsorship or support to our club please speak to Graham Edwards.

School Holidays

Bingo

Tuesday 10 January 10.30-12pm Great prizes to be won Register at https://www.clubmerrylands.com.au/

Kids Disco

Tuesday 17 January 11-1pm

Who is ready to party? Dress up in your favourite costume and join in the fun, Kids FREE soft drink, Prizes up for grabs

Register at https://www.clubmerrylands.com.au/

Kids Barefoot Bowls

Thursday 19 January and Friday 20 January
Roll up for a fun day on the green
10.30-11.30am
Register at https://www.cumberland.nsw.gov.au/









