

WHALES TALES

Saturday 18th February, 2023

SwimFest Saturday is here!

The Merrylands SwimFest is on today. Thank you to everyone who has volunteered for a role – especially those members who are just coming along to help.

If you haven't nominated to help, please see Ian Wilson to do so.

We need assistance setting up for the meet, so we are asking that you arrive at the meet by 12:30pm to assist with the setup.

There is lots of setup work to do including:

- Shelters
- Chairs & Tables
- Lane Ropes
- Timing Equipment & Touchpads
- Flags and Banners
- BBQ and Food preparation

Then it all needs to be packed away again at the end. Please make sure you help.

Warm-up starts at 1:30pm with the meet starting at 2:30pm. All the information you need including the timeline and meet program is here. Swimmers need to be ready for the land warm-up at 1:15pm.

Alison and the Club Captains will be organising the swimmers to ensure they get to their races on time. We have 26 swimmers competing in 120 individual events and 4 relays. Relay teams are listed in the Meet Program.

Lastly, don't forget your club uniforms, hats, sunscreen, healthy snacks and drink bottles and good luck to all our swimmers!

No Club Races - Saturday, 18th February

If you are at the pool reading this at 7am and wondering where everyone is, it is because there are no club races this week.

Club Races will be back on 25th February.

Starr Partners Community Series Video

The video that Starr Partners conducted filming and interviews for a couple of weeks ago was published this week. Have you seen it yet? If not, it is available on the <u>Starr Partners YouTube</u> page.

Thank you to Starr Partners for their ongoing support.

Speedo Sprint Series Heats Results

Well done to our team at the Speedo Sprint Series Heats last weekend. Our team achieved 30 new personal best times, with a number of top 10 finishes. Well done everyone!

A full report is available here.

Lions Club Award

Each month the Committee votes for the Lions Club Award – the club's Volunteer of the Year.

Members nominated for January:

Christine Liepins Lu Zhu

Varant Jambazian Prafulla Shrestha

Rachel Palise Matthew Vicic

Ian Wilson Sally Lee

Leanne Tovkach Glenda Wood

Mandy Smart Ian Johnston

Danielle Vicic Graham Edwards

Carlos Vergara Timothy Oliver

William Johnston

Congratulation to these members on being nominated and thank you for your service to the club. Nominations are open for any member to recognise the service of other members. You can nominate a club member online here.









