

WHALES TALES

Saturday 17th February, 2024



It's SwimFest Saturday!

The wait is over – the Merrylands SwimFest is here!

Thank you to everyone who has volunteered for a role – especially those members who are just coming along to help.

If you haven't nominated to help, please see Ian Wilson to do so.

We need assistance setting up for the meet, so we are asking that you arrive at the meet by 11:30am to assist with the setup.

Details of exactly what needs to be done and when are later in the newsletter, but there is lots of setup work to do. Then it all needs to be packed away again at the end. Please make sure you help.

Warm-up starts at 1:00pm with the meet starting at 2:00pm. All the information you need including the timeline and meet program is <u>here</u>. Swimmers need to be ready for the land warm-up at 12:45pm.

Alison and the Club Captains will be organising the swimmers to ensure they get to their races on time. We have 32 swimmers competing in 132 individual events and 5 relays. Relay teams are listed in the Meet Program and are on the notice board at the pool. If you are listed as swimmer 5 or 6 you are a reserve.

Lastly, don't forget your club uniforms, hats, sunscreen, healthy snacks and drink bottles and good luck to all our swimmers!

No Club Races - Saturday, 17th February

If you are at the pool reading this at 7am and wondering where everyone is, we have good news and bad news.

The good news is, you are early to set up for the SwimFest.

The bad news is, there are no club races this week.

Club Races will be back on 24th February.

Speedo Sprint Series Results

Well done to our team of 7 swimmers at the Speedo Sprint Series last Saturday afternoon. The kids had a great meet with 20 new PBs from 26 races, with every team member swimming multiple PBs.

Well done to Gabriella (3), Joseph (3), Damien (2), Patrick (3), William (3), Samantha (4) Daniel (2) on their PBs. Daniel also achieved his first Metropolitan QT in the 50m Freestyle.



Whales' Whispers Heard around the pool this week:

"...James Mathison is going to swim in the Enhanced Games..."

Hmmm, this may be news to the former <u>Australian</u> <u>Idol</u> host unless he was inspired by <u>James</u> <u>Magnussen</u>'s announcement this week.

That has been broken for ages!

Yep, it probably has, but if you don't report it, it won't get fixed. Let Council know of any issues by using the Snap Send Solve mobile app which can be found at: www.cumberland.nsw.gov.au/snapsendsolve

Joke of the Week

Q: What dive are pirates best at?

A: The cannonball!











Championship Results

There was some exciting racing in the Breaststroke Championships last week, none more than in the 25m event where 9 swimmers took to the water!

We are looking forward to seeing them in the 50m next year!

25m Breaststroke Results

1 st	Tomas Dlesk
2 nd	Leah Johnston
3 rd	Ishaq Massoud

200m Breaststroke Results

Open Women	1 st	Katie Hope	
	2 nd	Laura-Belle Casey	
	3 rd	Alison Sakurovs	
Open Men	1 st	Joseph Assi	
	2 nd	lan Wilson	
	3 rd	Varant Jambazian	

SwimFest Setup

It takes a lot of hands to setup for the SwimFest – this is what we need your help to do:

Time	Activity		
11:30am to 12:30pm	Shelters setup (see map)		
	Tables and chairs setup (see map)		
	BBQ set up (see map)		
	 Bollards and bunting set up (see map) 		
	 Flags and Sponsor signs setup (see map) 		
	Marshalling Board setup (see map)		
	PA set up and test		
	Computer, WiFi and results screen setup		
12:30pm to 1:00pm	Touchpads put in pool		
	15m Rope installed		
	Blocks uncovered		
	Lane numbers and warm-up signs		
	Test timing system		
1:00pm to 1:45pm	Print and cut marshalling sheets		
Warm-up	Relay changes/withdrawals		
1:45pm	Warm-up ends/clear pool		
	Final test of timing system		
1:50pm	Marshall first events		
	Officials briefing		
2:00pm	Meet starts		







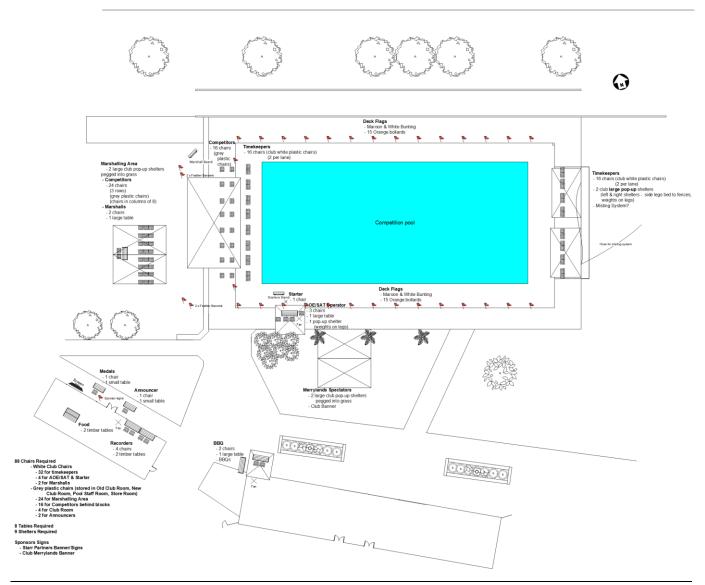




50m Breaststroke Results

Veteran Women	1 st	Leanne Tovkach	
	2 nd	Patricia Johnston	
Veteran Men	1 st	lan Wilson	
	2 nd	Varant Jambazian	
	3 rd	Johnson Chan	
Senior Women	1 st	Katie Hope	
	2 nd	Laura-Belle Casey	
	3 rd	Alison Sakurovs	
16yrs Boys	1 st	Matthew Vicic	
15yrs Girls	1 st	Niushka Shrestha	
14yrs Boys	1 st	Leo Zhu	
13yrs Boys	1 st	Joseph Assi	
	2 nd	Daniel Vicic	
13yrs Girls	1 st	Lisa Shrestha	
11yrs Girls	1 st	Gabriella Assi	
10yrs Boys	1 st	Jay Shrestha	
10yrs Girls	1 st	Lillian Zhu	
8yrs Boys	1 st	Damien Chan	
	2 nd	Jude Johnston	
8yrs Girls	1 st	Anastasia Krga	

Merrylands SwimFest Merrylands Swimming Centre



Upcoming Meet Calendar

Check the <u>website</u> for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
NSW Senior Metropolitan Champs	24 th & 25 th February	Tuesday, 13 th February
Metro South West 5-8 Years Meet	Saturday 9 th March	Wednesday, 28 th February
NSW Junior State Age Championships	23 rd & Sunday 24 th March	Tuesday, 12 th March
NSW State Masters Championships	13 th & 14 th April	Friday, 5 th April
Swimwest Winter Short Course	Sunday 21 st April	Saturday, 6 th April* (Entry Limit)









