

WHALES TALES

Saturday 16th March, 2024

Whales Challenge #3

Today is the day the two teams face off for pool supremacy in 2024. With both the Maroon & White teams having won a challenge each, this challenge will decide the team taking the honours.

Good luck to everyone swimming, remember to wear your <u>team</u> colour cap for all of your races.



MSW 5 - 8 Years Development Meet

The Metro South West 5 - 8 Year Development Meet was held last Saturday afternoon.

Congratulations to Lily Palise who swam in 3 events at the meet. Lily had a great afternoon, with a 2nd place in the 50m Backstroke (5 seconds faster than her entry time) as well as a 4th place finish in the 50m Freestyle (5 seconds faster than her entry time) and 7th in the 50m Breaststroke

SNSW State Open Championships

Leo Zhu qualified for and competed in the NSW State Open Championships on Friday.

Leo swam in the 50m Breaststroke and finished in his second-fastest time ever. Well done Leo!

Merrylands Pool Open in April

Great news, Cumberland Council will keep Merrylands Pool open until the end of April this year.

This means squad training will remain at Merrylands for the month, before moving to another pool.

The Committee is also considering holding a short four-week club race season on the Saturday mornings in April. Stay tuned for more information.

Return Championship Trophies

With only next week left for this season's club races we ask that you return any Championship Perpetual trophies you have at home. They can be returned to the club room next Saturday morning or on a squad training day.

End of Season Next Week

With Easter at the end of March this year, our summer season comes to an end next Saturday morning. Join us for the last week of club races and a BBQ breakfast to conclude the season.

Annual Presentation 2024

The Annual Presentation will be held at Club Merrylands on Saturday 1st June 2024, commencing at 6.30pm. Keep an eye for more information about this and the date for the AGM.

P-Plate Award

Can someone make a late charge for the P-Plate award? If you have seen something that deserves a nomination for the P-Plate award click here.

Lions Club Award

A final chance to recognise the work of our volunteers, click <u>here</u> if you would like to nominate someone for the Lions Club Award.













Championship Results - 9th March 2024

The final Championship event for the season was held last Saturday morning. Congratulations to everyone who qualified for and swam the 1500 metre Championship. A number of big PB's were achieved and results were:

1500 Metres Freestyle

Open Womens Niushka Shrestha

Laura-Belle Casey

Kylee Murray

Open Mens Matthew Vicic

> Joseph Assi Ian Wilson

Anzac Day 2024

Join our club participation in the Cumberland Anzac Day Dawn Service this year.

The service will be held from 5.30am at Charles Mance Reserve, Newman Street, Merrylands and commences with a march from the Merrylands RSL Club in Miller Street, Merrylands at 5.15am.



Upcoming Meet Calendar

Check the website for the full list of upcoming meets, closing dates, programs and qualifying times.

| MEET NAME | MEET DATE | ENTRY CLOSING |
|------------------------------------|---|------------------------------------|
| NSW State Open Championships | Friday 15 th March to Sunday 17 th | Closed |
| | March | |
| NSW Junior State Age Championships | Saturday 23 rd March to Sunday | Closed |
| | 24 th March | |
| NSW State Masters Championships | Saturday 13 th & Sunday 14 th April | Friday, 5 th April |
| Swimwest Winter Short Course | Sunday 21st April | Saturday, 6th April* (Entry Limit) |
| | | |
| Metro South West Area | Saturday 25 th May & Sunday 26 th | TBA |
| SC Championships | May | |



PROGRAMS OFFERED IN 2025 ATHLETICS **BASEBALL BASKETBALL**

CRICKET **FOOTBALL** HOCKEY

RUGBY LEAGUE SOFTBALL

TENNIS

AUSTRALIAN FOOTBALL

DANCE **GOLF**

NETBALL RUGBY UNION

SWIMMING TOUCH FOOTBALL

Student athletes from other sports can also be considered. Contact us now to find out how your child can be part of our supportive school community.



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