



WHALES TALES



Saturday 6th April, 2024

Autumn Racing Carnival

Welcome to the first week of our Autumn Racing Carnival – 4 weeks of fast and furious racing, all done in approximately an hour! Please grab a stopwatch when you arrive to help time keep, and help to pack up at the end.

Recent School Results

We are getting to the pointy end of the School Carnival season and have had some great results over the past 2 weeks.

Sydney West Championships

Nine swimmers from the club represented their schools at these meets. Well done to Lara Hannan, Lily Palise, Damien Chan, Jude Johnston, Tyler Gunton, Coralie Havea and Samantha Terry who all swam official PBs at the meet.

NSWCPS & CCC

Three swimmers competed at these meets, with PBs from Lillian Zhu, Joseph Assi and Leo Zhu. Leo also qualified for the next round – All Schools.

Well done to all our swimmers who qualified for these meets.

Masters State Championships

Good luck to our 4 members swimming at the NSW State Masters Championships next weekend – Kylee Murray, Varant Jambazian, Leanne Tovkach and Ian Johnston. Best of luck team!

School Holidays

Going away during the school holidays? Don't forget to complete your [Squad Absence form](#) this week.

Nutrition Riddle

I'm full of energy, a swimmer's delight, Eaten in the morning or at night. With a splash of milk or a dollop of honey, I make a meal that's worth your money.

What am I?

Picture of the week



A spectacular sunrise at training this week.

Riddle Answer: Oats

Upcoming Meet Calendar

Check the [website](#) for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET NAME	MEET DATE	ENTRY CLOSING
NSW State Masters Championships	13 th – 14 th April	CLOSED
Swimwest Short Course Meet	21 st April	CLOSED
Australian Masters Championships	3 rd – 7 th May	19 th April
Nepean Aquatic Centre Qualifying Meet	5 th May	28 th April
Metro South West Short Course Championships	25 th – 26 th May	TBA
Presentation Evening	1 st June	
NSW Metropolitan Championships	19 th – 21 st July	TBA

