

WHALES TALES

Saturday 20th April, 2024

State Masters Championships Results

Congratulations to our team that competed at the NSW State Masters Championships last weekend.

Our team took home a full set of medals – 1 Gold, 1 Silver, 1 Bronze, along with a stack of PBs. Well done team!



ANZAC Day 2024

There is no training this Thursday due to ANZAC DAY so why not join our club's participation in the Dawn Service.

The service will be held from 5:30am at Charles Mance Reserve, Newman Street, Merrylands. The service commences with a march from the Merrylands RSL Club in Miller Street, Merrylands at 5:15am.

Let Denise Assi know if you will be attending or if you want further information.

Swimwest Short Course Qualifying Meet

Good luck to Patrick and Alison who are competing at the Swimwest Short Course Qualifying Meet at SOPAC tomorrow!

Upcoming Meet Calendar

Check the website for the full list of upcoming meets, closing dates, programs and qualifying times.

MEET DATE **ENTRY CLOSING MEET NAME** 5th May 28th April **Nepean Aquatic Centre Qualifying Meet** 25th – 26th May **Metro South West SC Championships** TBA **Presentation Evening** 1st June 3rd June Annual General Meeting $19^{th} - 21^{st}$ July **NSW Metropolitan Championships** TBA











Annual General Meeting

Members are hereby informed that the Annual General Meeting of the Merrylands Amateur Swimming Club will be held online on Monday, 3rd June, 2024, commencing at 7:30pm.

All the details about the meeting, how to register to attend and nomination forms are available in the <u>AGM section</u> of our website.

All members 18 years and over are encouraged to attend and have a say in the running of the club.

Presentation Evening

This season's Presentation Evening will be held on Saturday, 1st June, 2024 at Club Merrylands, starting at 6:30pm.

More details will be on the website shortly.

Metro South West Short Course Championships

The Metro South West Short Course Championships will be held at SOPAC on 25 & 26 May.

There is no program or qualifying times published yet. Metro South West has advised that they are looking at using Backstroke Ledges at the meet.

Use of the ledges is optional and Swimmers competing at the championships are advised to familiarise themselves with the device by watching this <u>video</u> from World Aquatics.

Our coaches will also be going through the use of the ledges at training.